

Shoreline



CHINFO Merit Award Winner



Are you prepared to
for advancement?
see page 3



What does the future
hold for you at MWR?
see page 8

Charleston petty officers fleet up the ranks

By JO2 Christal A. Bailey
Navy Charleston Shoreline

The quest for chief petty officer is something many Sailors strive for during their careers. More than 70 Charleston area first class petty officers were recently named E-7 selectees.

On July 26, E-7 results were announced and the Charleston area chief selectees were among 3,891 first class petty officers to soon acquire their anchors.

Now that they have been identified, selectees are currently involved in rigorous training of the CPO selection process which will culminate with the actual anchor-pinning ceremony slated for Sept. 16.

"When I heard the results, I was in disbelief," said Chief Hospital Corpsman(SW) (SEL) Dawn Calhoun. "Later I thought it was a blessing. I cried a bit, and then called my husband."

"There are many things that go into making chief," she said. "Sustained performance, coupled with versatility with duty stations, leadership roles and

positions helped me to stand out."

Calhoun advises junior Sailors looking to make chief to

take on additional responsibilities such as community service, education and correspondence courses.



photo by JOCS Scott Bassett

Some of the chief selectees from Naval Weapons Station Charleston, Naval Hospital Charleston, Naval Consolidated Brig, The Citadel and Explosive Ordnance Mobile Unit Six celebrate their success.

SPAWAR: 'We are making a difference'

By Bart Jackson
The Navy Charleston Shoreline
Space and Naval Warfare (SPAWAR)



Ward

Systems Center Charleston's (SSCC) Executive Director James Ward thinks if you give people the best tools and environment to work in, it will be reflected in the quality of your product. "We are the first and only government facility where the

facility reflects the quality, professional attitude and behavior of the workforce," said Ward.

As a graduate of Virginia Tech, with a BS in electrical engineering, Ward answered the call of in service engineering in the civil service arena, and has been there ever since.

He and his family relocated to Charleston in 1996 during the consolidation of the Navy's four East Coast electronics engineering centers, and from within has helped mold and structure SSCC into the world-class organization that it is today.

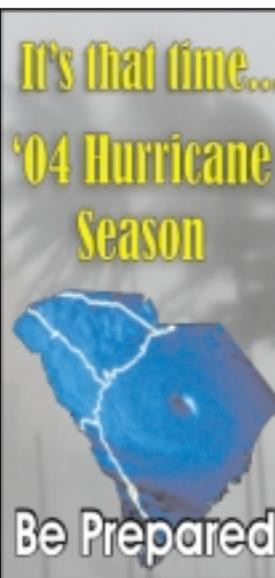
With his background of in service engineering he brings a certain amount of credibility to the job. "You can't manage something that you, yourself have never done," said Ward. "I understand the challenges of

each part of the organization, that has helped me immensely. We have the ability to make a difference in the lives of our employees; we stretch them as individuals, and enable them to meet the challenges and excel, and that is reflected in the quality of the products evolving from SSCC."

Ward describes the quality of the workforce at SSCC as overwhelming, a great group of professionals who "want to make a difference." Their willingness to share their skills and knowledge is evidenced in all aspects of the operation at SSCC.

"We are making a difference in the global war on terrorism, we have made a critical impact on the warfighter's safety, situational

see SPAWAR page 6



**Naval
Weapons Station
Charleston**



Mission

To provide ordnance and water-front management, quality of service and logistic support in a secure multi-service environment.

Commanding Officer

CAPT Robert M. Zalaskus

Executive Officer

LCDR Wesley S. Smith

Business Manager

Rita Schmitt

Command Master Chief

CMDMC(SS) Tim Domrose

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Admiral visits Station, talks to Sailors

Commander Navy Region Southeast, Rear Admiral Annette Brown talks to Naval Weapons Station Sailors during an All Hands Call at the Redbank Club Aug. 3. Brown opened up the All Hands Call by recognizing and congratulating Naval Weapons Station Charleston's chief petty officer selectees. During the call, the admiral discussed important issues for the Station and Southeast Region such as, the housing Public Private Venture, the Sexual Assault Victim Intervention (SAVI) program, the Strategic Business Plan, drug testing and suicide prevention. The admiral opened the floor to questions from Station civilians and Sailors. Brown also toured the Station's Installation Operation Center (IOC) and Bldg. 909 training center.



EOD detachment fights alongside Marines

**By LT Tim Limbert
OIC, EOD Mobile Unit Six
Detachment Twelve**

As soon as they stepped on the dusty ground at the Marines' forward operating base in central Afghanistan, Chief Petty Officer Robert Womble started looking for Lieutenant Colonel Killion to report for duty and to get his four man team to work.

He didn't have far to go. The 22nd Marine Expeditionary Unit Operations Officer was seated in the dirt leaning against an Apricot tree. "Are you my Navy EOD guys?" the Marine Lieutenant Colonel asked. After Womble responded in the affirmative, his new boss barked, "Good! Glad you're here. You guys

are rock hard!" And indeed they would have to be.

Only two hours after their feet hit Afghani ground, Petty Officers Michael Englert and John Cornett of Explosive Ordnance Disposal Mobile Unit Six (EOD-MU 6) located on Naval Weapons Station Charleston, were embarked with Bravo Company on a 18 kilometer (11 mile) foot patrol over rugged terrain at an altitude of over 9,000 feet searching caves and Taliban fighting positions for weapons and hidden ordnance caches.

While on a six-month deployment to the Arabian Gulf aboard USS George Washington (CVN 73), EOD-MU 6 Detachment Twelve was tasked by Commander

Fifth Fleet to send four EOD technicians into Afghanistan to augment the 22nd Marine Expeditionary Unit in Operation Mountain Storm. Within 48 hours of receiving the order, Chief Boatswain's Mate Womble, Mineman First Class Englert, Storekeeper First Class Cornett and Electronics' Technician First Class Chad Black were flown off the ship to assist the Marines.

Their primary mission was handling the various unexploded ordnance threats that jeopardized the safety of the United Nations-sponsored voter registration in the former Taliban strongholds of central Afghanistan.

For the next two months, these Sailors from Detachment Twelve fought alongside their Marine teammates.

Navy EOD technicians from Mobile Unit Six Detachment Six, on a seven-month deployment aboard the USS Wasp, were already attached to the Marines and several other Navy EOD techs from EOD Mobile Unit Four in Bahrain were also in country. On a typical mission, several Navy and Marine EOD technicians would compose a small team that assisted larger Marine units in the location, safe exploitation, and destruction of hidden weapons caches, improvised explosive devices (IEDs), or other ordnance hazards. While operating in Afghanistan, members of Detachment Twelve were busy.

Overall, they were responsible for locating 14 caches and destroying 1,713 ordnance items, 8 IEDs, 149 weapons and 51,630 rounds of small arms ammunition. Their skills enabled the safe destruction and

permanent removal of these deadly weapons from the hands of terrorists.

Operation Mountain Storm was not the first time Detachment Twelve worked with the USMC. During the war in Iraq in 2003, Detachment Twelve crossed the Kuwait/Iraqi border and pushed ahead to Baghdad with members of the First Marine Expeditionary Force (I MEF).

Working as part of the Navy/Marine Corps team, members from EOD-MU 6 and Marine EOD technicians from the 2D Force Service Support Group enabled a swift advance on Baghdad by disposing of over one million pounds of enemy ordnance. Additionally, during training work-ups for their deployment on USS George Washington in November and December 2003, Detachment Twelve spent five weeks conducting split-team operations and joint EOD training at Camp Lejeune with the Marines. In hindsight, these experiences and training were essential to Detachment Twelve's success in Afghanistan and throughout their deployment to the Arabian Gulf aboard Washington.

Despite the harsh conditions and dangers of the job, members of EODMU 6 Detachment Twelve that served in Operation Mountain Storm appreciated the opportunity to work as part of the Navy/Marine Corps team. It was rewarding for members of the detachment to work with the Marines in Afghanistan and live up to the reputation of being, in Marine terms, "Rock hard!"



photo by EODMU 6 Public Affairs

BMC Robert Womble, MN1 Michael Englert, ET1 Chad Black, and SK1 John Cornett, members of Explosive Ordnance Mobile Unit Six (EODMU 6) Detachment Twelve, pose for a picture during their time in Afghanistan. The team fought alongside Marines during Operation Mountain Storm.

Navy-wide exams crucial for Sailor's advancement

By JO2 Christal A. Bailey
Navy Charleston Shoreline

Whether you want to make rank, gain more responsibility or make more money you have to work hard in order to advance.

The Navy's method of measuring performance includes a bi-annual exam, an annual evaluation, personal awards and length of service. The exam and the annual evaluation, or eval, are the most important factors in determining who advances.

According to Naval Weapons Station Charleston's Command Career Counselor, Machinist's Mate First Class David Kriner, there are many resources available to help Sailors prepare for the upcoming September exam. "Studying bibliographies and looking for the resources listed

on them are probably one of the best way to find the information needed," Kriner said. He also suggested visiting websites such as www.navyadvancement.com; www.netc.navy.mil and www.navyknowledgeonline.com can help advancement.

Even though the exam is just around the corner, HMC(SW) (SEL) Dawn Calhoun, Naval Hospital Charleston Career Counselor said it's not too late to prepare. "Set aside time each day to dedicate yourself to training," she said. "Set short term goals rather than long term goals for study sessions," she suggests. "For example, study one 'bib' at a time instead of tackling them all at once."

Kriner also suggests finding other motivated Sailors who want to advance. "Get together at a certain place and study

together, especially the professional military knowledge stuff that is the same for all rates."

Calhoun said there is one exception to when Sailors should study. "Don't study the night before, or the morning of the

exam," she said "This will only cause confusion," she said.

"The biggest thing is don't give up," Kriner advised. "Even if there is little opportunity in rate for advancement, work hard for eval and study."

Exam dates

The September 2004 Navy-wide exam for petty officer first class, petty officer second class and petty officer third class will be administered on Sept. 2, 9 and 16, respectively. All exams will be administered in the SPAWAR Conference Center, Bldg. 3112 with the following exception: NNPTC and NPTU E-5 candidates will take their exam at their com-

mand. All candidates must be in their seats by 7 a.m. on their exam day.

Worksheets are available for verification and signature at PSD, room 206 from 6:30 a.m. to 4 p.m. through Aug. 27. All candidates must make every effort to verify and sign worksheets prior to the exam with the exception of NNPTC and NPTU students.



photo by JO2 Christal A. Bailey

MM3 Darrel Spurlock and MMFN Kristen LaFuente take time out of their day recently to study for their upcoming advancement exam at the Naval Weapons Station Charleston Library.

Chief Petty Officer Selectees

Naval Weapons Station Charleston

MAC(SEL) Michael Fisher
MAC(SEL) Bobby Warren
MAC(SEL) Christopher Lenore
MMC(SEL) Michael Summertin
MAC(SEL) Derrick Holden
QMC(SEL) Allen Smith

EODMU 6

MAC(SEL) Jerome Pettus
GMC(SEL) Roger Ziliack
BMC(SEL) Charles Phillips

NAVCONBRIG

MAC(SEL) James Bethea
MAC(SEL) Earl Stone

Naval Reserve Center Charleston

GMC(SEL) Chris Stringfield

Citadel

ETC(SEL) Richard Sanford

Naval Hospital Charleston

HMC(SEL) Dawn Calhoun

NNPTC

EMC(SEL) Robert Bivens
ETC(SEL) Jason Brick
MMC(SEL) Eric Byrnes
ETC(SEL) Robert Chaligoj
EMC(SEL) Michael Coffman
EMC(SEL) James Colley
ETC(SEL) Robert Cruanes
MMC(SEL) Michael Depremio
ETC(SEL) Edward Elberfeld
MMC(SEL) Joshua Geasey

ETC(SEL) Steven Green
EMC(SEL) Tori Hatch
EMC(SEL) Christopher Hawes
MMC(SEL) Michael Hetrick
ETC(SEL) Randall Hibbs
MMC(SEL) Michael Hill
YNC(SEL) Robert Ingle
EMC(SEL) John Jernigan
MMC(SEL) Brock Luedeke
YNC(SEL) Michael Lunsford
EMC(SEL) James Meador
EMC(SEL) Jeffery Moser
BMC(SEL) James Phillips
MMC(SEL) Brian Poley
MMC(SEL) William Reneau
ETC(SEL) Tyrone Richardson
MMC(SEL) James Rowland
ETC(SEL) Jeff Rust
MMC(SEL) Michael Saffer
EMC(SEL) Gary Simon
MMC(SEL) Clayton Smith
EMC(SEL) Mervin Turner
MMC(SEL) Michael Zaleski

NPTU

ETC(SEL) Brian Anderson
EMC(SEL) James Brown
EMC(SEL) Donald Bussell
EMC(SEL) Jason Ciaciura
ETC(SEL) Mark Durbin
MMC(SEL) Bryan Flaherty
ETC(SEL) Dennis Fox



EMC(SEL) Delvon Glover
MMC(SEL) Bryan Henry
EMC(SEL) Jonathan Hutson
EMC(SEL) Michael Kelley
EMC(SEL) William King
MMC(SEL) Michael Knott
MMC(SEL) Christopher Konopka
MMC(SEL) Ramon MasoFlores
ETC(SEL) Ryan Mulholland
ETC(SEL) Michael Pace
ETC(SEL) Scott Payne
ETC(SEL) Evan Phillips
MMC(SEL) Nathan Renfro
MMC(SEL) Paul Snow
MAC(SEL) Christopher Stillwell
EMC(SEL) Quentin Sweeney
EMC(SEL) Silverio Tejero
EMC(SEL) Scott Wessels
MMC(SEL) Nathan Williams
SKC(SEL) Walter Wilson
EMC(SEL) John Zilk

Hurricane season is upon us...Are you ready?

Families should be prepared for all hazards that could affect their area. NOAA's National Weather Service, the Federal Emergency Management Agency, and the American Red Cross urge every family to develop a family disaster plan. Below is a list to get ready for a hurricane:

1. Post emergency telephone numbers by phones;
2. Install safety features in your house, such as smoke detectors and fire extinguishers;
3. Inspect your home for potential hazards (such as items that can move, fall, break, or catch (fire) and correct them;
4. Have your family learn basic safety measures, such as CPR and first aid; how to use a fire extinguisher; and how and when to turn off water, gas, and electricity in your home.
5. Teach children how and when to call 911 or your local Emergency Medical Services number.
6. Keep enough supplies in your home to meet your needs for at least three days. Assemble a disaster supplies kit with items you may need in case of an evacuation. Store these supplies in sturdy, easy-to-carry containers, such as backpacks or duffel bags. Keep important family documents in a waterproof container. Keep a smaller disaster supplies kit in the trunk of your car.

Briefly Speaking

Safety standdowns

Naval Weapons Station Charleston will observe a motor vehicle safety training standdown Aug. 18 and Sexual Assault Prevention standdown Aug. 25. Motor Vehicle safety training will be held for military and civilian personnel at the base theater Aug. 18 from 9 to 11 a.m. Sexual Assault Prevention training will be held for military only at the base theater Aug. 25 from 9 to 11 a.m. In addition, all military and civilian personnel are encouraged to attend an awards ceremony at the base chapel Aug. 25 from 1 to 2 p.m.

First Day of School Initiative

Local children go back to school for the 2004-2005 school year Aug. 9, and the Naval Weapons Station Commanding Officer is authorizing 59 minutes of excused time for NWS employees to share their children's first day of school. This excused time must be requested in advance and approved by the appropriate supervisors. Approval is contingent upon workload and manpower requirements within each department and staff code. Annual leave, compensatory leave or leave without pay may be authorized for absences in excess of 59 minutes at the discretion of your supervisor.

Charleston River Dogs

The Charleston River Dogs will host their second Armed Forces Night Aug. 19, 7 p.m. at the Joe Riley Stadium. Free tickets are available for all military and their families at the Information, Tickets and Travel Office located across the street from Cap'n Roberts Dive.

Branch Medical new numbers

The Naval Weapons Station Charleston Branch Medical Clinic has changed their phone numbers. Below is list of the clinic's new numbers:

Patient check-in:	574-8909
Medical Records:	574-8916
Immunizations:	574-8908
Laboratory:	574-8919
Pharmacy:	574-8920
Radiology:	574-8918
Health benefits advisor:	574-8913
Wellness department:	574-8929
NNPTC medical clinic:	574-8242
NPTU medical:	863-5352
NWS Dental:	764-7644

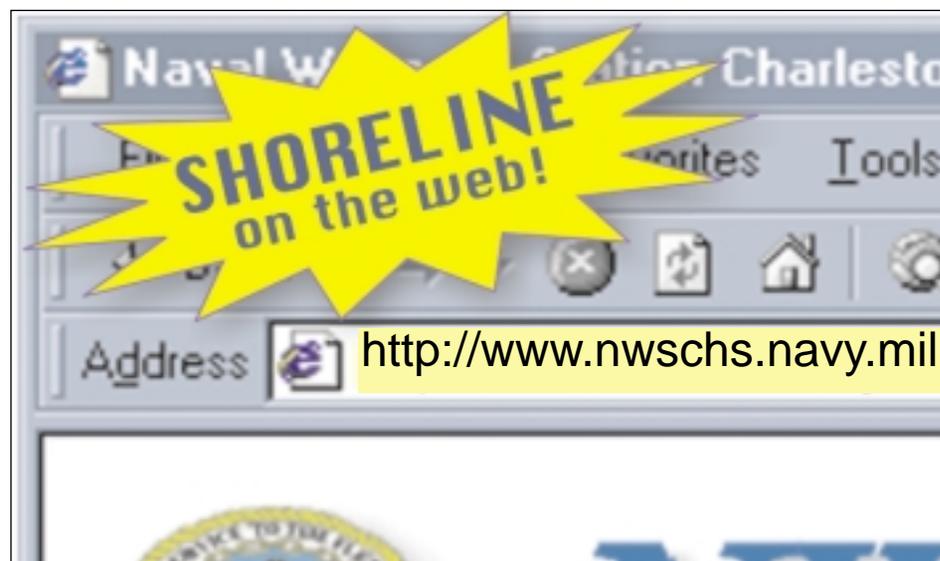
New pool hours

Eastside pool will close for the season Aug. 9. The New Wave Aquatic Center will remain open under new hours of operation. New hours will be from 3 to 5:30 p.m., Monday through Friday. Weekend hours will remain noon to 7 p.m. Military lap swim will be available only at the New Wave Aquatic Center weekdays 5:30 to 7:30 a.m. and 11:30 a.m. to 12:30 p.m. For more information call 764-7033.



photo by CEG-A Public Affairs

Chuck Covell, president of AFGE-Local 2298 shakes hands with Col. Glover, commander, U.S. Army Combat Equipment Group-Afloat (CEG-A) after signing a labor union agreement recently. CEG-A employees voted for the American Federation of Government Employees-Local 2298 to represent them, The CEG-A union is a unit of the AFGE-Local 2298. Charlie Finkbeiner was elected unit president and Sharon Matthews chief steward. Negotiations have been ongoing since January and the labor management agreement was signed recently. The agreement was distributed to employees and informational training for all employees will be held for all employees.



ET...MA, BM, whatever your rate, phone home

By Bart Jackson
Navy Charleston Shoreline

Remember how it was when you were a kid? Sent off to camp with no contact with the outside world, and all you wanted to do was talk to your mom? As bad as that was, it pales in comparison to how our men and women in the armed forces stationed in Iraq feel being separated from their loved ones back home.

In the early days of the conflict, Combined Joint Task Force - 7 (CJTF-7, now Multi-National Force Iraq or MNFI), the senior military command in Iraq, recognized the need to provide a critical link of communications from the dessert of Iraq, to the many families left behind.

CJTF-7 and the Navy's Morale Welfare and Recreation (MWR) group envisioned the need, and called upon the Navy's Space and Naval Warfare

(SPAWAR) Systems Center Charleston (SSCC) to engineer and provide the solution.

Working in conjunction with CJTF-7 and U.S. Army Europe, the European Division of SSCC (SPAWAR Europe) provided over 175 Internet facilities at military base camps and installations spread across Iraq. Each facility consists of satellite terminals, internet-capable computers, Voice over Internet protocol (VoIP) phones, printers, power distribution and in most cases, the all important air conditioning system.

Each location enables the troops to access the internet for news, email and current information, and the VoIP phones enable them to call home and speak with their loved ones for only 4 1/2 cents a minute.

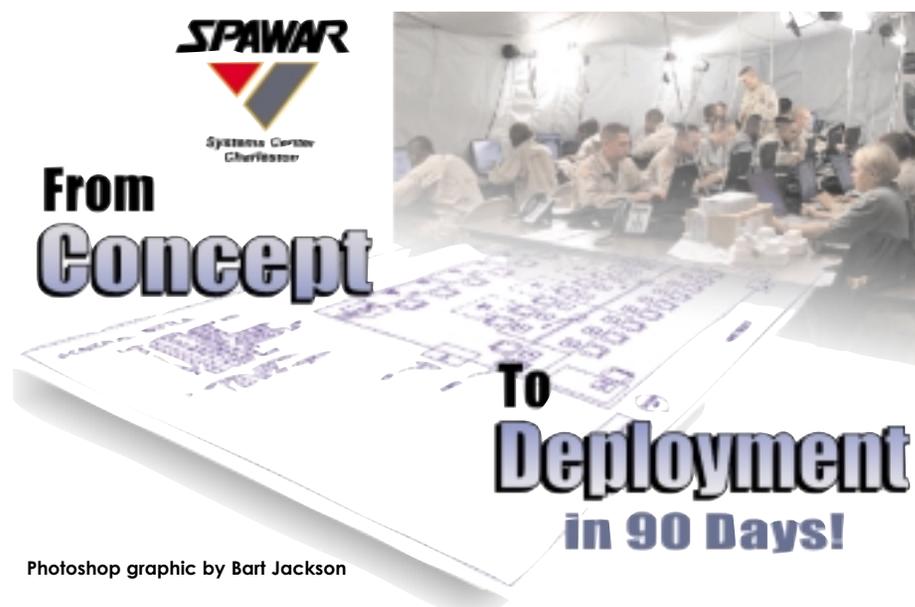
Needless to say, this

capability is by far the most popular, as over 14 million minutes were logged in the last month's report.

Brad Hoisington, Logistics Manager for the CJTF-7 MWR project in Charleston said, "This project was one of those projects that just makes you feel good about what you're doing. You go home at night and you feel that you really accomplished something."

Hoisington was in charge of the coordination of packaging and shipping the systems and associated equipment and hardware. More than 350 tons of cargo was moved thru the Charleston Air Force base for deployment overseas.

The most incredible aspect of this project was the timeline that was met Hoisington said, "We went from concept to deployment in 90 days, and under budget as well!"



Photoshop graphic by Bart Jackson

On a recent Sunday morning, Hoisington was attending a local church service with his wife and family. At the end of the service the pastor chose to recognize a local Marine Corey Tennis who attended that morning's service and had just returned from a tour in Iraq. Hoisington

spoke with Tennis, in order to express his thanks for his service to our country in Iraq. He asked Tennis if he had used the internet cafe, and indeed he had. Tennis told Hoisington how important it was for the troops to have this access to family and friends back home,

and what a tremendous morale booster it was. When Hoisington told Tennis of his involvement with SPAWAR and the internet cafe project, the "thank you's" then came from the Marine back to Hoisington.

"His thanks, just reaffirms why I love my job!"

Back-to-school initiative brings parents closer to kids

Parents can breathe a sigh of relief as they finish up their back to school shopping and get ready to drop the kids off at school.

School in the Lowcountry starts Aug. 9 and Charleston county schools are inviting parents to share the first day of school with their children with the First Day of School Initiative. This initiative encourages parents to go with their children to school on the first day.

According to A. Thomas Hood, honorary chairperson, the 2003 First Day of School Initiative was very successful in giving children a great beginning to their school year. "The first day of school begins a partnership between parents, children and teachers," he said.

In addition to parents attending school with their children, the 2nd Annual First Day Festival will be held Aug. 8 at Liberty Square at the South Carolina Aquarium from 2

to 5 p.m. The festival will include entertainment, \$1 admission into the aquarium, food, beverages and information about student support services.

Are you ready?

-Pack lunches the night before and refrigerate.

-Make sure backpacks are packed and ready to go the night before.

-Create a homework center. Stock with extra crayons and supplies needed to complete homework.

-Lay out clothes the night before.

-Remember kids need to make as many decisions as possible. Avoid power struggles by letting them make small decisions.

-Each evening, have a 30-minute family clean up time to get everything back in place.

Naval Hospital Charleston maintains readiness

CDR C. Miller

Naval Hospital Charleston

The Joint Commission on Accreditation of Healthcare Organization (JCAHO) is the leading health care accrediting body in the world and sets the standards for healthcare.

Its mission is to continuously improve the safety and quality of care provided to the public. To maintain accreditation, the hospitals must undergo a survey every three years. Naval Hospital Charleston was last surveyed in January 2003 and received full accreditation.

To further improve the accreditation process, the JCAHO implemented the new patient safety Tracer Methodology. During the tracer process, healthcare professionals follow patients through every step of the visit to ensure that each encounter from the initial contact at the front desk to the end of their treatment is professional, informative and convenient.

Areas of interest include the clinics, lab, pharmacy, radiology and the operating room.

In June 2004, Naval Hospital Charleston invited a team of consultants

from Naval Health Care New England to survey the command using the new tracer methodology. The survey included interviews with the patients,

direct observation of staff interaction and documentation in the medical record, as well as, an environmental assessment for patient safety issues.

The staff of Naval Hospital Charleston showed their pride and professionalism at each encounter. The surveyors went from the patient entering the building through to the Operating Room and Recovery. Team Charleston was well prepared in the National Patient Safety goals and implementation of the new standards.

In addition to introducing the

Tracer Methodology, the JCAHO launched its Quality Check website

on July 15 where health care consumers can view an organizations JCAHO Quality Report on the internet in the Quality Check section of the website, www.jcaho.org, or by going directly to www.quality-check.org.

The Quality Report is a document that provides the general public and health care professionals with relevant and useful information about the quality and safety of Joint Commission-accredited organizations such as Naval Hospital Charleston.

Under the leadership of Commanding Officer, CAPT Susan Widhalm, NC, USN, the staff of Naval Hospital Charleston is committed to creating a culture of safety with an emphasis on continual readiness.

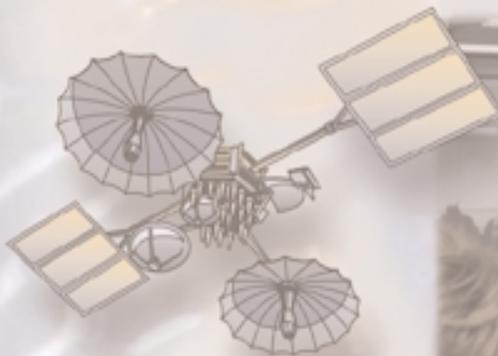


SPAWAR

Enabling Technology in



SYSTEMS CENTER
Charleston



Acquisition

Ship/Shore



continued from page 1

awareness, and the ability to remain connected in order to accomplish the mission," said Ward.

"We do our job, so they (the warfighter) can do their job better! We work on 'real stuff', today's technologies, that have a proven capability for the warfighter today, again, this reflects on the quality of our workforce, and the our proven methodologies."

As a capital funding organization, SSCC has the latitude and the ability to respond to the warfighters requests in a very timely and cost effective manner. The command has aligned with the Navy, Marines, Army and other Federal agencies to pass along the fully burdened cost, to those who utilize the resources. "We have become a

model of net-centric operations in our ability to eliminate redundancies, streamline development cost, and become more cost effective overall.

"We are the first and only government facility where the facility reflects the quality, professional attitude and behavior of the workforce," Ward said

As we move into a more global economy, Ward's goal is for SSCC to become the model of net-centric operations for government and industry.

"With the quality of people and their expertise that we have entrusted with this responsibility here at SSCC, I feel confident we can meet the needs of the warfighter today and long into the future," he said.

"We do our job, so they (the warfighter) can do their job better!"

**--James D. Ward
Executive Director, SPAWAR**

photos by Harold Senn



Engineer

Support of - The Joint Warfighter



Installation



Advanced Concept Development Implementation



Rapid Design & Prototype



Engineering Process



C4ISR Acquisition Engineering & Integration



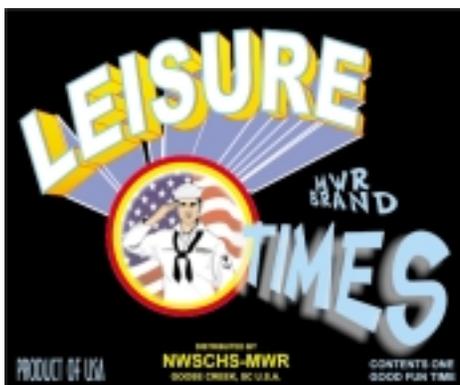
Integration

<http://sscc.spawar.navy.mil>



photos by Glenn M. Cox

Left, during the Youth Center's Camp Grinning Gator, campers participate in drama, music, nature activities, skating, bowling, field trips, sports and much more! On July 21, the six-year old campers gathered at the Library for a special story time. Pictured here (left), librarian Vivian Skipworth reads a story while Ens. Justin Whitney lays out the storyboard. Above, on July 22, Camp Grinning Gator campers put on a talent show at the Cinema One Theater. In all, 15 talent acts were performed before a packed house of parents and guests. Pictured here, the Kickin' Kindergartners perform their first place act.



Action packed days are the "Norm" at Youth Center

Action packed days are the "norm" at the Youth Center where hundreds of children have fun every day. A low yearly membership fee provides hours of activities including parties, holiday activities, dances, crafts, movies, outdoor play, video games, and more!

The Youth Center also offers various classes including dance, gymnastics, and karate. You can also call on the Youth Center to arrange birthday parties, picnics, and other special events to fit any budget...not to mention stork/sign rentals, balloon bouquets, and costume character deliveries.

And don't forget about the fun party rental items you can get through the Youth Center's "Good Times Fun Factory". The "Good Times Fun Factory" offers a dunk tank, air jump cas-

tle, duck pond, the "Good Times Choo Choo Train", face painters, and so much more...it's guaranteed to make your next event a smashing success.

The Youth Center's hours of operation are from 6 a.m. to 6 p.m., Monday through Friday. Youth dances are held throughout the school year on Friday nights from 7 to 10 p.m. For more information about any of the Youth Center's services, including prices and a complete listing of the rental items available through the "Good Times Fun Factory", check the MWR Charleston website at www.mwr.nwschs.navy.mil or call the Youth Center at 764-7809 or 764-7946.

Register your children now for "Bear Hugs" before & after school program

Your goal is to give your child a loving start on life and learning. Aren't you glad to know that's the WPNSTA Youth Center's goal, too? The "Bear Hugs" before and after school program is for ages 6-12 and offers snack time, supervised play period, homework period and exciting projects every day. Children may be dropped off as early as 6 a.m. at the Youth Center and must be picked up by 6 p.m. The cost for the program is determined by a sliding fee scale, based upon your total family income. Register your children today because the program starts Aug. 9. For more information, call the Central Enrollment and Waiting List (CEWL) office at 764-7984.

Registration for "Kindergarten Express" program

The Youth Center is sponsoring a "Kindergarten Express" program for ages 4 and 5. All children attending K-4 or K-5 kindergarten sessions at Marrington Elementary and Goose Creek Primary School can be transported to and from school. Children may be

dropped off as early as 6 a.m. at the Youth Center and must be picked up by 6 p.m. All children need to have a sack lunch or purchase the lunch special at the Youth Center snack bar. The cost for the program is determined by a sliding fee scale, based upon your total family income. Register your child for "Kindergarten Express" today because the program starts Aug. 9. For more information, call the Central Enrollment and Waiting List (CEWL) office at 764-7984.

Registration for "Tiny Tots" day camp at Youth Center

The Youth Center is currently accepting registrations for its "Tiny Tots" day camp program. The program, for ages 3-5, will keep your children busy with fun activities, such as arts and crafts, games, dancing, singing and much more. The program will start Sept. 7 and will be held Mondays through Fridays from 9 a.m. to noon at the Youth Center. The cost is \$60 per child per month, \$85 for two children and \$110 per month for three children. For more information, call the Youth Center at 764-7809.



New pool schedule begins this month

On Aug. 9, Eastside Pool will close for the season, however, New Wave Aquatic Center will remain open for your swimming pleasure under new hours of operation. The new hours for New Wave will be from 3 to 5:30 p.m., Monday through Friday. The weekend hours

will remain the same, from 12 noon to 7 p.m.

Military lap swim will be available only at New Wave Aquatic Center weekdays from 5:30 to 7:30 a.m. and from 11:30 a.m. to 12:30 p.m. For more information, call New Wave Aquatic Center at 764-7033.



August is Aviation Month

August is Aviation Month and the Library will give away free bookmarks and aviation handouts during the month. For more information, call 764-7900.

For more information about any of the Library's programs or services, call 764-7900.

FRAME OF MINE
Custom & Do-It-Yourself Framing

Back-to-School Special
25% off all custom orders
(No limit. Offer good thru Aug. 31)

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1st & 3rd Saturdays of each month,
9 a.m.-2 p.m.
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Call Frame of Mine at 764-4107

Morale, Welfare and Recreation

www.mwr.nwschs.navy.mil



Unless otherwise indicated, Liberty trips and events are open to all hands of WPNSTA Charleston and its tenant commands (active duty, civilian, and dependents, ages 18 and up). Sign up for these events at the game room in the NNPTC Activity Complex or the Liberty office (building 206, NNPTC Circle). The Liberty office is open from 8 a.m. until 5:30 p.m., Monday through Friday. Call 764-7002 for more information or check us out on the MWR website at www.mwr.nwschs.navy.mil.

Be a Pilot, Aug. 14, 8 a.m.

Certification is available. No experience is necessary. The cost is \$50 per person. Sign up Aug. 11.

Skydiving, Aug. 15, 7:30 a.m.

Certification is available and no experience is necessary. The cost is \$49-\$135. Sign up at the Liberty office in building 206 by Aug. 11.

Pool Tournament, Aug. 17, 5:30 p.m.

Cap'n Roberts Dive. The only charge is the cost of the game.

Splash Party, Aug. 18, 5:30-7 p.m.

Come take a dip at the New Wave Aquatic Center. Free food and

drinks will be provided. Freedom at Depth will be present to give free scuba instruction.

Isle of Palms Beach Trip, Aug. 22

Cost is \$5 per person. Sign up at the Liberty office in building 206 by Aug. 18.

Talent Show, Aug. 27, 7 p.m.

Do you have a talent that is fun, crazy or unique? Contestants must be 18 years of age or older. Sign up at the Liberty office in building 206 by Aug. 17.

Horseback Riding, Aug. 29, 7 a.m.

Cost is \$30 per person. Sign up at the Liberty office in building 206 by Aug. 20.

Fundamentals of Kayaking Course, Aug. 21, 8:30 a.m. to 5:30 p.m.

The cost is \$49 per person. Participant limit: eight. Provided gear: kayak, paddle and personal floatation device. Exertion level: mild/moderate. Prerequisites: none. Sign up by Aug. 18.

Learn to Rappel, Thursday, Aug. 26, 5 to 8 p.m.

Participants under the age of 12 are not permitted to rappel. Ages 12-16 may rappel with a backup belayer only. The fee is \$12 per person. Participant limit: five. Provided gear: harness, ropes, shoes, chalk bags (available for rent at the Outdoor Adventure Center). Exertion level: moderate. The signup deadline is Aug. 24.

Marrington Mountain Bike Ride, Aug. 26 & Sept. 9, 5:30 to 7 p.m.

Meet at the Outdoor Adventure Center at 5:30 p.m. and ride out from there by 5:45 p.m. Participant limit: nine. Required gear: mountain bike (provided for \$5 if needed) and helmet.

Exertion level: moderate. Prerequisites: none. The signup deadline for the Aug. 26 ride is Aug. 24 and the signup deadline for the Sept. 9 ride is Sept. 8.

Mary's Landing Evening Paddle, Aug. 30, 6 to 9 p.m.

We offer a guided sunset tour of our picturesque Marrington Plantation. The fee is \$12 per person. Participant limit: 12. Provided gear: kayak, paddle and personal floatation device. Exertion level: mild/moderate. Prerequisites: none. The signup deadline is Aug. 27.

Sign up for any of these outdoor recreational opportunities at the Outdoor Adventure Center. The Outdoor Adventure Center is conveniently located on Fletcher Street in Building 1700, across from Cap'n Robert's Dive. Hours of operation are: Monday through Friday, 10 a.m. to 7 p.m.; Saturday, 8 a.m. to 4 p.m.; and Sunday, 1 to 4 p.m. Stop by or call 764-2122 for more information.



Grimey Gripper, Aug. 7

This climbing competition at the Outdoor Adventure Center Climbing Center has six competition categories. The pre-registration fee for each category is \$5 per person (\$8 per on the day of the event). Registration is open until the day of the competition. Competition day registration is at 9 a.m.

Short Stay Lock Kayak Tour, Aug. 14

Travel with us up through one of the nation's deepest locks-a must for any kayaker. Participant limit: 12. Pre-trip: none. Required gear provided. Exertion level: mild/moderate. Prerequisites: none. The cost is \$15 per person. The signup deadline is Aug. 12.



Registration deadline announced for intramural softball

Deadline for intramural softball is Aug. 27. Registration will take place at the Athletics office in building 725, MenRiv Plaza. Play will begin Sept. 13. This is a Captain's Cup event. For more information, call 764-7530.

Intramural fall volleyball registration deadline announced

Deadline for intramural fall volleyball is Sept. 13. Registration will take place at the Athletics office in building 725, MenRiv Plaza. Play will begin Sept. 27. This is a Captain's Cup event.

Learn how to teach yoga

Get certified at Naval Weapons Station Charleston through the YogaFit Teacher Training Workshop (Level 1), which will be held Aug. 21 and 22 from 8 a.m. to 6 p.m. The workshop will be held at the Group Exercise Room in building 725, MenRiv Plaza. The tuition for this two-day workshop is \$329 per person. For more information, call Cyndi Malinen at 764-4173 or Mark Mikhitarian at 764-7530.

Three-club golf tournament

The Redbank Plantation Golf Association will have a three-club golf tournament Aug. 7 at Redbank Plantation Golf Course. In this tournament, the players are only allowed to use three clubs from their bag. All players will tee off from the red tees. Prizes will be awarded according to participation. The cost is \$15 plus cart and green fees. Please note that all golfers are welcome to participate in the association tournaments. Call Redbank Plantation Golf Course at 764-7802 to sign up or for more information.

Individual stroke play

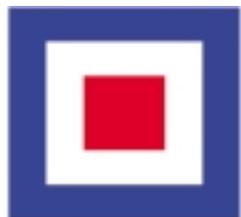
An individual stroke play golf tournament is slated for Sept. 4 at Redbank Plantation Golf Course. There will be a low gross and low net prizes. Prizes will be awarded according to participation. Call 764-7802.



Winter bowling leagues now forming

Winter bowling leagues are now being formed at Marrington Lanes. We offer men's, women's, seniors' (ages 50 & up), mixed and youth leagues. Right is a list of available leagues and times that will start soon for the winter at Marrington Lanes:

- Turbo (Mixed)-Mon., 7 p.m.
- League Opening-Tues., 6:30 p.m. (16 weeks)
- Menriv Originals (Women)-Wed., 9 a.m.
- Fleet Reserve Assn. (Mixed)-Wed., 7 p.m.
- 21 Point Peterson (Mixed)-Thur., 6:30 p.m.
- Marrington Seniors (Mixed)-Fri., 10 a.m.
- Friday Nite (Mixed)-Fri., 6:30 p.m.
- Youth Leagues-Sat., 10 a.m.



Online Courses Complement Training for CPO Transition

From Master Chief Petty Officer of the Navy Public Affairs

In a partnership with an online business skills training provider, Navy Knowledge Online (NKO) is once again delivering computer-based leadership courses to newly-selected chief petty officers for completion during their transition season. Two additional courses are being included in this year's training program.

The additional four hours of courses offered by the Ninth House Network include Optimizing Team Performance and Navigating Change. These courses have been added to the previous year's list of Situational Leadership II, Managing Change and Resolving Interpersonal Issues, for a total of 14 hours of Web-based learning.

Naval Education and Training Command Force Master Chief Michael McCalip said that last year's program was a tremendous success. Approximately 98 percent of the 5,418 active-duty, Reserve and TAR chief-selects enrolled and completed the program during the past year. He said considering last year's operational requirements, that number was higher than anticipated.

McCalip said there have been key changes made from last year's training cycle. The delivery method of the CDs, as well as how course completion is recorded, are the two most significant.

This year, to receive their Ninth House CDs, NKO users can log on and order their discs by clicking on the leadership tab and scrolling down to click on the corresponding link. Selectees can have the CDs mailed to either home or work, and can expect to receive them within two weeks if mailed to a stateside location. If the Sailors already have their CDs, the courses can be accessed from the same area on NKO.

An additional improvement is that Sailors do not need to worry about entering these courses into their training record.

Upon completion of the courses, their electronic training jacket and the Navy Training Management & Planning System (NTMPS) database will automatically be updated.

"What we've wanted to do is continue to better prepare our new CPOs for 21st century leadership," said McCalip. "These programs are focused on them and are more education-based than training. It exposes them to a different type of learning and shows our chief-selects one of the many education options out there."

The courses are delivered through a combination of both the Internet and NetCD packets. NKO provides the portal for Sailors to access and log in for the training. The NetCD packets also help with bandwidth limitations by providing each course's multimedia files, avoiding the need to download the files.

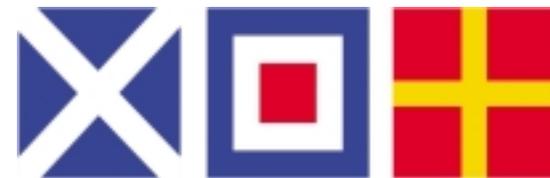
"Our chief petty officers have taken ownership of this mission and are devoted to its success," said Master Chief Petty Officer of the Navy (SS/AW) Terry Scott. "Continuing to invest in our future leaders by providing them the proper training they need to be successful is only the beginning of the Navy's investment in its future leaders. By continuing to provide knowledge and sharpen their skills, it will serve these chiefs well into their future as deckplate leaders."

According to Scott, online learning will continue to be a more useful tool in training and developing leadership skills, as well as professional knowledge.

"This method of transferring knowledge to our Sailors will become more and more common as we continue our revolution in training," he said. "And it's essential that the chief petty officers who are taking us into the future become familiar with it."

For related news, visit the Master Chief Petty Officer of the Navy Navy NewsStand page at www.news.navy.mil/local/mcpon.

For all things MWR visit... www.mwr.nwschs.navy.mil



Don't miss out on the winter fun at Marrington Lanes! Call the Bowling Center at 764-7235 and sign up today!

Family & Housing News

Attention military family housing residents

Once you have moved into Government Housing, you are no longer entitled to receive your Basic Allowance for Housing (BAH). If your paycheck is more than you think it should be, it may be because you are still receiving BAH. Check with your Disbursing Office to ensure your BAH has stopped. If you fail to do so, and you continue to receive BAH, you will be required to pay back all unauthorized BAH. Again, it is your responsibility to ensure your BAH has been stopped when you move into Government Housing.

Spider Management

Spiders are beneficial creatures that are helpful in controlling the numbers of insects in a structure. Except for a few dangerous species, most are harmless and are seldom encountered by people. However, spiders frequently stray into dwellings or other indoor habitats, or may be accidentally introduced on firewood, laundry hung out to dry, in boxes, and on flowers. Web-building spiders construct webs in windows and near outdoor lighting to catch insects attracted to these locations. The brown recluse spider may wander inside from outdoor locations or may be carried inside in clothing, boxes, furniture, and other household goods. Newly hatched spiders are tiny and easily enter homes through screens or around loose fitting doors and windows. Careful screening will keep larger spiders out of homes. If insects they eat are not plentiful, spiders are less likely to infest a home. Spraying inside or outside of the structure is ineffective. The only effective way to kill spiders is to spray directly on them.

Non-Chemical Control of Spiders - Non-chemical techniques should comprise the majority of the control efforts for most spiders in and around structures, especially for web-building spiders. The following steps should be taken to eliminate contributing conditions that may be supporting the infestation:

Sanitation. Removal of spider webs, egg sacs, and potential harborages is critical to long-term success in spider control. Indoors, store boxes off the floor and away from walls to limit their use by spiders. Openings of boxes should be sealed with tape to prevent use as a

spider harborage.

Removal of all new and old webbing allows for easier determination of future spider activity and increases one's sense that the spiders are being controlled. Removal or straightening of clutter in storage areas, garages, sheds, basements, or outside areas eliminates potential web-building sites and is important for the control of brown recluse and black widow spiders.

Exclusion. Keeping spiders from entering is the best strategy for preventing inside activity. Cracks in exterior walls should be sealed. Tightly fitting screens should be installed in windows and on foundation and attic vents. Tight fitting weather-strips should be present around the edges of all doors, especially at the bottom.

Exterior Lighting. Exterior lights on buildings attract insects and, subsequently, spiders. Use yellow or sodium vapor light bulbs at outside entrances to reduce night-flying insects that attract spiders.

Vacuuming. The use of a vacuum removes not only individual spiders but also webbing and egg sacs. Vacuums equipped with several extension tubes are useful in the removal of webs and spiders from high corners, rafters, overhead beams, and otherwise unreachable surfaces. This technique is the primary control technique that should be employed for controlling black widow spiders and other web-building spiders.

Self-Help Store new hours

The Self-Help Store changed its hours effective 26 July 2004. New hours of operation are: Tuesdays through Fridays, 8 a.m. to 5 p.m.; Saturdays 7:30 a.m. to noon, and 1:00 to 4 p.m.; Sundays and Mondays: Closed. For more information, please contact John Forsythe at 764-7218.

Bachelor housing guests

It has come to the attention of the Bachelor Housing Staff that some residents are confused concerning the current policy governing guests in Bachelor Housing quarters. The following information is provided:

Guests: A guest is defined as any person, military or civilian, who is not assigned to that berthing space. Sponsors are responsible for the behavior of their guests and will be required to provide compensation for any

damage to government property caused by the guest(s). This includes both resident visitors and non-resident guests. Children under 12 years old must be under adult supervision. The following rules apply:

A. BH:

(1) Visiting in resident's rooms and lounges is permitted between the hours of noon to 10 p.m. on Sundays through Thursday, and on holidays before a work day, and from 10 a.m. to midnight on Fridays and Saturdays, and the days before legal holidays. Personnel visiting at times other than those prescribed without prior written approval will be subject to disciplinary action.

(2) Sponsor must accompany guest(s) at all times. Unescorted guests are not permitted in the BH quarters.

(3) Roommates must agree to the time during which guests may visit rooms. As a common courtesy, permission should be obtained from roommate when guest(s) will be present.

(4) Civilian guests under the age of 18 are not authorized.

b. Overnight Guests: are authorized with the following stipulations:

(1) Must be a bonafide dependent of resident. A copy of your page II (Emergency Data Sheet) will be reviewed to confirm dependent status.

(2) Guest stay is limited to seven days. Request for exceptions to the above policy may be submitted to the Housing Director via the Bachelor Housing Director. Violations of the above policy will jeopardize your guest privileges and your Bachelor Housing assignment.

(3) Roommate must agree to overnight guests. If the roommate does not agree, the guest registration form will be denied.

(4) Complete Overnight Guest request form, signed by roommate, and forward to the BH Director three days prior to stay. Request forms are available at the front desk.

(5) All guests must check-in at the front desk upon arrival.

If you have any questions, please contact the Bachelor Housing Front Desk, or Senior Chief Grimes at 764-7646/4144.



One last voyage

A lone sentinel watches as the former USS Nicholson (DDG 928) passes the TC Dock on Naval Weapons Station Charleston along the Cooper River. The ship was making its final passage down river from the Station.

photo by Bart Jackson

