

# Shoreline



Find out how one Sailor earned this medal.  
see page 3



Redbank Club under construction.  
see page 7



FFSC offers life skills workshops.  
see page 10



## President visits Charleston, speaks on port security



Story and photo by Bart Jackson  
Navy Charleston Shoreline

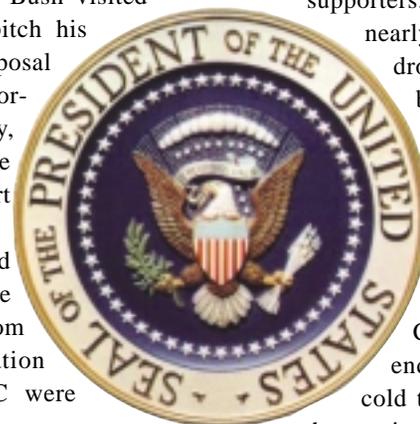
President George W. Bush visited Charleston Feb. 5 to pitch his most recent budget proposal and emphasize the importance of port security, since Charleston is the 3rd busiest container port in America.

The rally was attended by all branches of the military, and Sailors from Naval Weapons Station Charleston and NNPTC were well represented.

Homeland Security Secretary Tom

Ridge spoke briefly before introducing President Bush to an enthusiastic crowd of supporters. President Bush spoke for nearly 40 minutes amid a backdrop of the Charleston harbor, framed by the USCG cutter Reliance, homeported in Portsmouth, NH.

For those who braved the elements to catch a glimpse of the Commander-in-Chief and endured the hours on the cold tarmac, it was well worth the wait and provided a brief moment in history that few will ever forget.



*"It was either take the word of a mad man or the choice of defending the American people. Having that choice, I would defend America every time."*

**President George W. Bush**

## CNRSE: 'NWS, a great example of a jointly used base'

By Journalist Second Class Christal Bailey  
Navy Charleston Shoreline

Commander, Navy Region Southeast, Rear Adm. Annette E. Brown, spoke to more than 150 Sailors and civil service employees during an awards ceremony and all hands call at the All Saints Chapel Feb. 13.

The admiral visited Naval Weapons Station Charleston to get an in-depth look at the role the Station plays in the region. During her visit, she toured the Child Development Center, the NWS Security department, Fleet and Family Support Center and major Station tenant commands.

After presenting Station Sailors and civilians awards, Brown spoke briefly about making the region more efficient. "NWS Charleston is a great example of a jointly used base. The best part of joint use is they bring OPM money, a better use of taxpayer dollars, which makes us better able to protect ourselves from terrorism."

During her last visit in April 2003, Brown stressed the impor-

tance of training and education through the Navy. She echoed these thoughts during her recent visit. "We are focusing on Covey training; we want 100% of our folks trained in the Seven Habits," she said. The admiral added, "For military, PREVENT and CONSEP classes are important. CONSEP is a course developed to help Navy people make analytical decisions on staying in the Navy or getting out. They can determine the skill sets they need for their future in or out of the Navy."

Brown also voiced her concern about the current retention levels in the Navy. "Four years ago when the CNO came in he was not happy with the attrition rate. We are allowing too many first termers to leave the Navy. Some of the reasons people were getting out were correctable," commented Brown. "We have been working on this and have cut attrition in half."

With questions from the audience about the upcoming Base Realignment and Closure (BRAC), the admiral stressed the importance



**RADM Annette E. Brown, Commander, Navy Region Southeast, discusses issues concerning Naval Weapons Station Charleston during an All Hands Call Feb. 13.**

of the data collection process. According to Brown, what Naval Weapons Station Charleston is doing now is the best it can do to make sure logic-based decisions

can be made. She also cautioned against speculating about the closure of any bases, since the initial lists won't be published until spring 2005.

photo by J02 Christal A. Bailey

## Naval Weapons Station Charleston



### Mission

*To provide ordnance and waterfront management, quality of service and logistic support in a secure multi-service environment.*

Commanding Officer

**CAPT Robert M. Zalasko**

Executive Officer

**LCDR Wesley S. Smith**

Business Manager

**Rita Schmitt**

Command Master Chief

**CMDMC(SS) Tim Domrose**

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# Chaplain's Corner

**Chaplain Robert S. Lawrence, LCDR, USN**

**Naval Nuclear Power Training Command**

In the months of January and February, we set aside federal holidays to remember the legacy and contribution that particular people have made in the development of our great nation. In January, we remembered the Rev. Dr. Martin Luther King, Jr., and in February, our first president, George Washington. Although the official federal government observance for the third Monday in February is still "Washington's Birthday" it is widely remembered and celebrated as "Presidents' Day", to include at least George Washington and Abraham Lincoln whose birthday also falls in February, if not all past presidents.

The first observance of Washington's birthday dates to his first term in office in 1796, but it was not until 1885 that it was officially declared a federal holiday by President Chester Arthur. It was generally observed on his birthday of Feb. 22 until 1968, when federal legislation enacted the Monday Holidays Act to shift the observance to the third Monday of February, and thus create one of several three-day weekends. While many of us enjoy these three-day weekends, most probably do so without giving much thought to the reasons behind them or the people who are remembered.

This is especially true when we don't have any particularly common national traditions associated with the holiday as we do with fireworks and Independence Day, or turkey and Thanksgiving.

As a child in school, I always remember making silhouette cut outs of both Washington's and Lincoln's profiles, and hearing the tale of Washington as a boy not telling a lie regarding his chopping down a cherry tree. I suspect some children will continue that practice still today.

Inasmuch as we do remember something, I believe that it is most important that we simply remember that one person can make a difference. George Washington did. Martin Luther King did. Abraham Lincoln did.

It is also not coincidental that these men we remember by federal holidays, were also men of great religious faith and moral integrity shaped by that faith. They were men who believed in God and his providential care and concern for this great nation. They were motivated and guided by their faith in their quest for justice and freedom for all people.

I believe that it is largely because of this, that they left a legacy. We can too. While the legacies that people of history have imparted to us as a nation are profound, the legacy that each of us will leave can be just as important in the lives of others.

While most of us will never merit a federal holiday in our honor, we do have the opportunity to be people of faith, honor and character whose lives will touch others in ways that they are forever better because of it. Within our families, schools, churches, communities, workplaces and beyond, we have the opportunity to make a difference. We indeed have the opportunity to leave a legacy of eternal consequences.

## SCE&G works with Station to conserve energy

South Carolina Electric & Gas Co. is working in partnership with Naval Weapons Station Charleston and other military bases in its service territory to help them reduce energy consumption, improve working conditions for staff, and save money.

The government has a federal mandate called EPACT to reduce utility expenses by 35 percent by 2010. "The government is reducing its energy usage and we want to work with them to achieve their goals and improve their work environment in the process," said Brad White, SCE&G's Federal Energy Services project manager.

White has worked with Mike Mauk, Chuck Jackson and Jeff Dimit of the Naval Weapons Station in Goose Creek to identify opportunities for conservation. Recent projects included lighting upgrades, the installation of high efficiency heating, ventilation and air conditioning systems (HVAC), interior storm windows, geothermal systems and low flow plumbing fixtures. These upgrades help the military save energy, provide better working conditions for the base personnel, and reduce the Station's energy bill to benefit all tenants.

Geothermal units rely on wells that exchange heat between the earth and the build-

ings through heat pumps. By using the earth, geothermal units can reduce demands on electricity and provide significant savings for the base. Another feature that benefits tenants is the new system's individual controls for the temperature.

SCE&G has worked with the Naval Weapons Station to upgrade over 60 buildings, including Building 304 (C&D wing) and Building 290, the golf course club house and its kitchen, to name a few. Proposals for additional upgrades at the Naval Weapons Station are currently under review as well as military projects in Beaufort.

## Middle School names Callegan Teacher of the Year

Bonnie Callegan has been School's Teacher of the Year. elected Marrington Middle Callegan is the seventh and

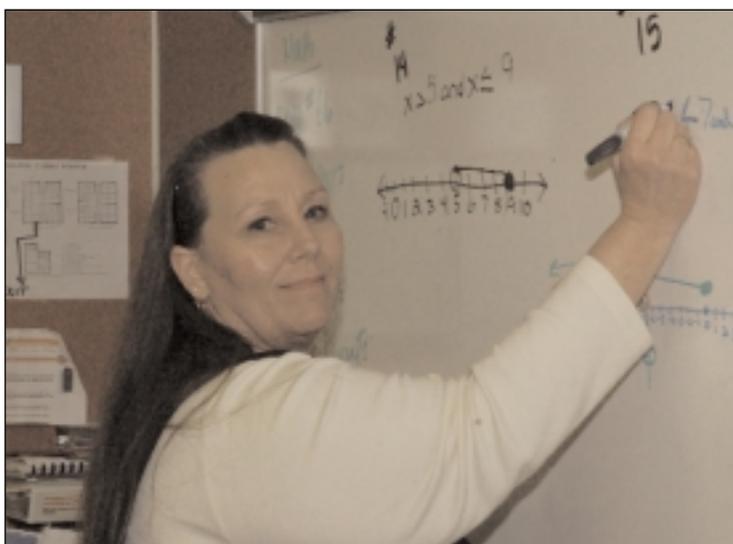


Photo by JO2 Christal A. Bailey

**Bonnie Callegan, 7th and 8th grade math teacher, was named Marrington Middle School's Teacher of the Year 2004.**

eighth grade math teacher at Marrington. Her classes include pre-algebra for seventh and eighth graders, Honors Algebra, and eighth grade math. She has been teaching at Marrington Middle for five years. She also was an adjunct professor of mathematics at Trident Technical College from 1999-2003. Her extracurricular activities at Marrington include: MathCounts coach, QUEST coach, Math and Science Student Challenge coach, and A-Star and after-school tutorial teacher.

Callegan is a member of National Council of Teachers of Mathematics, South Carolina Council of Teachers of

Mathematics, Lowcountry Math Educators Association, Berkeley Reading Council, and School Improvement Council where she is the chairperson.

Callegan believes that "the purpose of education is to provide content material in such a way as to educate the whole child." She believes students must be taught how to look for information rather than be given everything by the teacher. "Teaching strategies must be diversified to reach all students," she said.

In her classroom, she practices small group instruction, modeling, guided practice, individual practice, and peer teaching.

# Sailor lends a hand to Charleston museum

By **Journalist Second Class Christal Bailey**  
Navy Charleston Shoreline

Sailors who attend Naval Nuclear Power Training Command (NNPTC) rarely get time to themselves. So, how did one NNPTC student manage to find time between tough academic classes and a cramped study schedule to achieve the Outstanding Volunteer Service Medal?

It all started when Machinist's Mate Third Class Michael Stooksbury volunteered more than 230 hours at the Military History Museum in 2003, earning him the Outstanding Volunteer Service Medal. "I was just going to school, and I couldn't think of a better way to spend my down time," Stooksbury commented.

Stooksbury was awarded the medal Jan. 23. "When I first showed up, I really didn't know what to expect," he said. According to Stooksbury, the museum just moved from the Visitor's Center in downtown Charleston, to the ground floor of the IMAX theater building. "The new building was completely gutted, so it was a little intimidating at first," said Stooksbury.

If you ask Chief Machinist's Mate Jeff Muniz he'll tell you Stooksbury made the work seem easy. After reading an article about how the Military History Museum needed volunteers, Muniz thought the proj-

ect would be a great way to get his NNPTC students involved in the community.

"I'm interested in history to begin with, so I thought I would check it out," Muniz said. At the time, Muniz was getting ready to pick up a class so he proposed the idea to them. "They saw what needed to be done and took off with it," he said. The rest is history.

Although he had almost his entire class volunteer some time at the museum, one student stood out in his mind. "I saw this was something he enjoyed and he was here almost every Saturday in his spare time," Muniz said.

The former building was a boat repair shop, so it was in need of some major cleaning. After spending the first few months of cleaning the building and hauling out trash, the museum started to take shape.

"It felt really good to do this for the museum," stated Stooksbury. "We started from the ground up, and now it's a great museum." Stooksbury and his classmates began working at the museum in March 2003 and the museum was dedicated Nov. 4, 2003.

George Meagher, curator of the Military History Museum, said the Sailors' eagerness to help was a complete surprise. "It was so great that these young men and



photo by JO2 Christal A. Bailey

**MM3 Michael Stooksbury is presented the Outstanding Volunteer Service Medal by George Meagher, curator of the Military History Museum. Stooksbury earned the medal by volunteering more than 230 hours at the museum.**

women would take time out of their schedules to help me," Meagher said.

The museum boasts many original pieces dating as far back as the Civil War.

"I'm really glad to be a part of this," said Stooksbury. "There are many unique and a few one-of-a-kind pieces here, and it's good to know I helped display them."

# Navy makes health assessment mandatory

By **Electronics Technician Third Class Jeanna Gibson**  
Navy Charleston Shoreline

In January 2004, the Preventative Health Assessment (PHA) was made mandatory for all Sailors on active duty. The PHA is provided by the Wellness Department, a subdivision of the Health Services divi-

sion of the Hospital Population office at the Naval Hospital. The Navy is the last branch of the military to mandate a program like this.

The PHA is designed as an annual screening for Sailors to identify existing health risks or problems, future risks Sailors may encounter, and how to prevent these risks from becoming reality.

Each year the PHA providers discuss one-on-one with each person any health concerns they may have. Anything from ensuring up-to-date immunizations to stress management skills is addressed during the PHA.

Some view it as a waste of time, but others realize how important it is. The annual visit to a PHA provider is designed to give Sailors the opportunity to discuss health concerns with qualified personnel without having to make an appointment to see their Primary Care Manager.

Hospital Corpsman Third Class Matthew Boomhower said, "You have to know where to look for help, and it starts with us." The PHA providers are available each working day Monday through Friday to answer any questions Sailors may have concerning their health. It is also mandatory to attend this appointment in order to pass the Physical Fitness Assessment.

Boomhower is one of the PHA providers at the Naval Weapons Station. One additional thing they provide is educational information on various medical problems that may come up. "We have four file cabi-

nets full of information for our patients, if they want it," Boomhower stated.

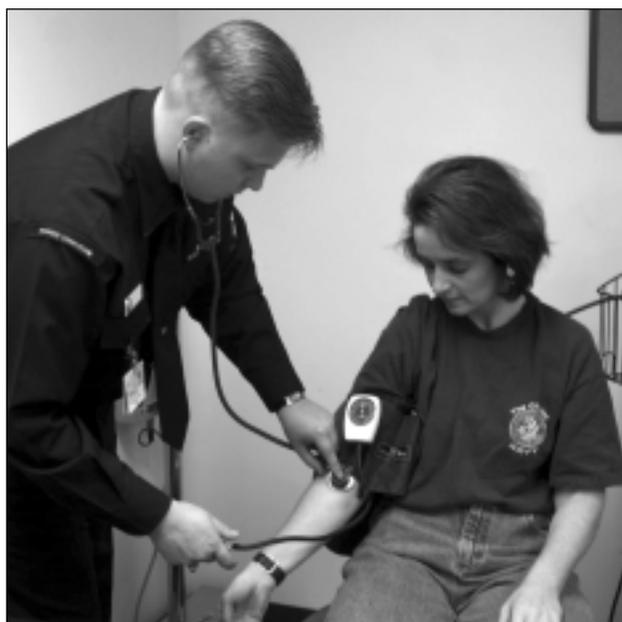
He tells each Sailor he sees that his phone is always available and his door is always open to anyone with a question. Whether it is advice on how to deal with the sprained ankle of a dependant child or information on smoking cessation classes, he is willing to lend an ear and give advise when a Sailor doesn't think their question or problem is serious enough to see a doctor but still wants it addressed by someone in the medical field.

"If you want to change anything concerning your health, give us a call. If we can't help, we can at least point you in the right direction for help," he said.

PHA providers can also give information on things such as cancer, fitness, alcohol treatment and nutrition. In fact, a qualified nutritionist, two personal trainers and two nurses are provided by the Wellness Department to address specific concerns a Sailor may have regarding health. They can also give referrals to particular doctors when a specific problem in life needs to be addressed.

Though the PHA providers are concerned mainly with helping military personnel, they are also available to military dependants to assess their health and put prevention into practice. If you have any questions regarding the PHA, contact one of the three providers for the Weapons Station at 764-7835.

photo by ET3 Jeanna Gibson



**HM3 Matthew Boomhower checks the blood-pressure of a patient at the beginning of her yearly PHA check-up.**

# Redbank Club undergoes extreme makeover

By Bart Jackson

Navy Charleston Shoreline

Surely you have noticed that the Redbank Club is undergoing some major renovations. The building and the entire interior are getting a complete makeover.

"We're really excited about all the changes," said Barbie Sullivan, Redbank Club Manager. "I can hardly wait, it seems like we've waited forever for this to happen," she said.

The most noticeable change will be the increased space, primarily because the wall between "Joe's" and "Confetti's" is going away, creating one large room, and increasing the catering capabilities, while providing a cleaner, fresher look for the main dining area.

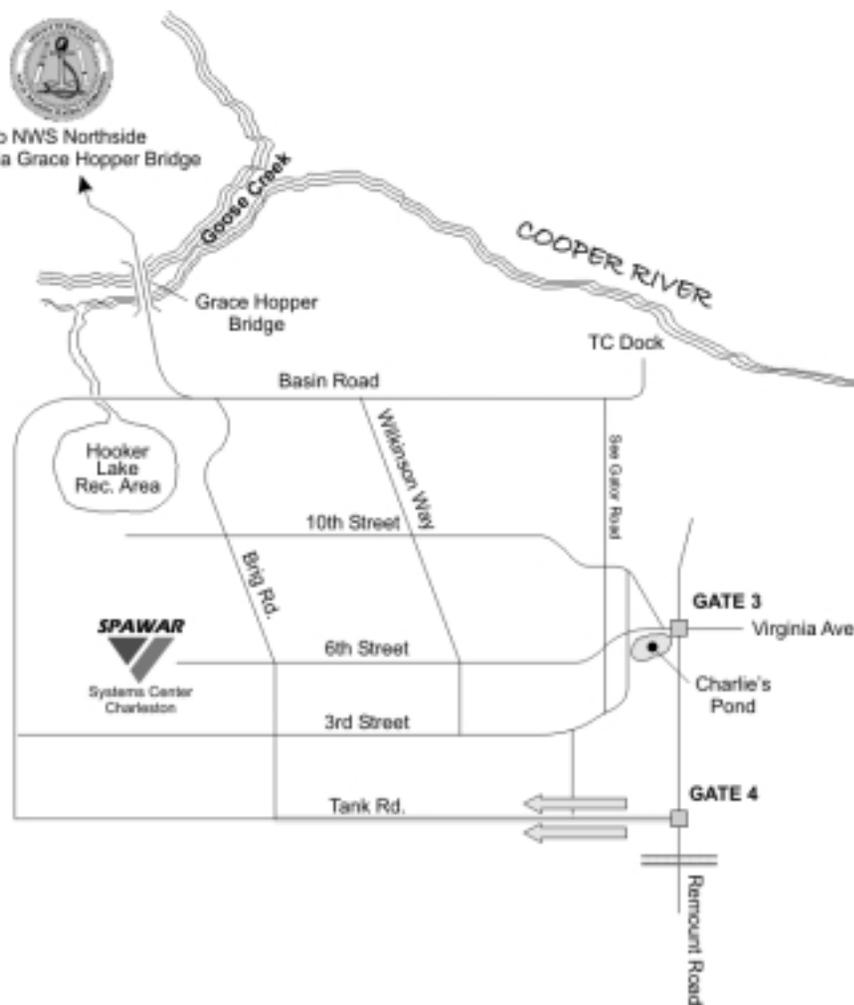
The Joe's Sports Bar theme is going away, and the entire room will get new paint, carpet and wallpaper. "I think the fresh new look will add so much," said Sullivan. "We are still going to have the same hours of operation, full menu and lunch buffet as well." The club will also be available for rent for military, private or corporate functions with a qualifying active or retired military sponsor.

"Right now, we are hoping for a mid-March re-opening, with a grand re-opening to follow," she said. "We just hope that all of our customers will appreciate the changes, as much as we are excited about bringing the changes to them. Hopefully...if all goes according to plan, we'll see everybody, mid-March."



## Attention Gate 4 Users:

Security Department has implemented a new traffic pattern through Gates 3 and 4. From 6 to 8 a.m., Monday through Friday (except national holidays), all traffic inbound will go through Gate 4. A series of "No Left Turn" signs will be positioned to ensure safe flow of inbound traffic from Remount Road. Gate 3 will be used for all outbound traffic.



## Briefly Speaking

### Navy hockey

Do you or someone you know like to play ice hockey but don't have a team? The Charleston area Navy will be playing its third and final game against the Charleston Air Force Base team April 3 prior to the Stingray game at the North Charleston Coliseum. The Navy lost both the first two games against CAFB and would like to turn things around for the last game. If you are interested in playing or showing your support at the game, you can contact David Nobles at 345-5466.

### Advancement exams

First and third class petty officer March 2004 advancement exams will be held at the SPAWAR Conference Center at March 4 and 18, respectively. Second class petty officer exams will be held March 11. NPTU and NNPTC students will take the exam at their schools, Naval Hospital and NAVCONBRIG staff will test at the Naval Hospital galley and all other commands will test at the Storm Pointe Conference Center. All exams commence at 7:30 a.m. and all candidates will arrive at their respective exam site no later than 7 a.m. Parking is limited at Storm Pointe, so all candidates will park in the Redbank Club parking lot. Shuttles will be provided and carpooling is highly recommended. All candidates should report to PSD/ESO to verify and sign their exam worksheets before Feb. 27.

### Chief make-up exams

The January chief petty officer make-up exam will be given in the Bldg. 302 conference room 124 on Feb. 25 at 7:30 a.m.

## Equipment from Southwest Asia being processed for maintenance cycle at CEG-A

By CEG-A Public Affairs

The USNS Martin arrived Dec. 21, 2003 at the Combat Equipment Group-Afloat's (CEG-A) Wharf Alpha on Naval Weapons Station Charleston.

In addition to the Martin, USNS Sisler arrived Jan. 4 at the TC Dock. Both ships are Large Medium Speed Roll on Roll Off (LMSR) ships. Their cargo included equipment returning from Southwest Asia that was used by warfighting units in support of Operation Iraqi Freedom. The USNS Martin and USNS Sisler were downloaded and the equipment (i.e. smoke

generators, HETS, PLS, HEMTTs, HMMWVs) was conveyed to the CEG-A maintenance facility.

The CEG-A contractor, DynCorp, is in the process of repairing and servicing the equipment. CEG-A oversees ship upload and download operations and contractor maintenance operations and provides quality assurance of the contractor's logistics program. After the equipment is repaired and serviced, CEG-A will oversee the upload of the equipment on a LMSR. The uploaded equipment will be used for future contingencies.



www.mwrchas.com  
**Recreation News For Naval Weapons Station Charleston**

**Is life driving you up the Wall?**



MWR has help! Nothing offers stress relief quite like exercise, and one of the most fun and exciting ways to get a total body workout here on the Naval Weapons Station is at the Outdoor Adventure Center's (OAC) climbing wall.

The wall stands 30 feet high and offers different climbing routes with varying degrees of difficulty. Whether you are a beginner or an experienced climber, the OAC has a climbing program to suit you.

**Getting Started**

Beginning climbers are encouraged to stop by the OAC anytime during operating hours. No appointment is necessary. Our experienced climbing instructors will provide you with climbing instruction, equipment, and everything you will need to get your climbing adventure started. Beginning climbers will be harnessed by the instructor and climbing will be supervised at all times. The cost of the introductory climb is only \$2.00. Once you get the hang of it, you'll want to purchase an hourly climbing pass or a daily pass. This will allow you to climb as many times as you wish in the allotted time frame and to experiment with all the climbing routes.

**Climbing To The Next Level**

More experienced climbers will want to take advantage of our Auto Belay Certification Program, which allows qualified applicants to hook and unhook themselves from the harness without assistance. This gives climbers the freedom to climb without having to wait for the availability of a climbing instructor. Simply, check in at the front desk, and up you go!

New Lower Rates	
<i>The new climbing price structure is as follows:</i>	
Introductory Climb	\$2
One hour or less:	\$4
Daily Pass:	\$6
Ten pass punch card:	\$30
Shoe Rental:	\$1
Chalk bags:	\$1

**Active duty military half price on Tuesdays**

Active duty personnel can now climb on Tuesdays for half-off the above listed climbing prices! No appointment is necessary. Simply, show your ID card to receive the reduced rate.



**GOLFING NEWS**

**Redbank Plantation Golf Association to host golf tournament**

On Feb. 21, the Redbank Plantation Golf Association will have a Best Two Balls of Four golf tournament at Redbank Plantation Golf Course. This four-man team tournament will have a format of the best two balls of four using maximum handicaps. Prizes will be awarded according to participation. Make your own team. The cost for this tournament is \$15 per person plus cart and greens fees. Sign up for this tournament at Redbank Plantation Golf Course or call 764-7802 for more information. Please note that all golfers are welcome to participate in the association tournaments.



**4-man Captain's Choice tournament**

On Feb. 28, there will be a 4-man Captain's Choice golf tournament at Redbank Plantation Golf Course. Make your own team for this tournament. The cost is \$10 per person plus cart and greens fees. The price includes food after the tournament. Stop by Redbank Plantation Golf Course to sign up for this tournament or call 764-7802 for more information.

**Youth Baseball & Softball Registration**

Youth baseball and softball registration for boys and girls (ages 4-17) will be held through Feb. 27 at the Youth Center. The registration fee is \$40 until Feb. 27 and \$50 after Feb. 27. The fee includes uniform.

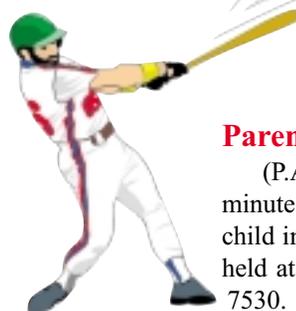


**Free youth baseball registration**

Any parent who volunteers to be the head coach of their child's youth baseball team will receive one free registration. For more information, call Mark Mikhitarian at 764-7530.

**Parents Association for Youth Sports**

(P.A.Y.S.) certification is required before registering a child in youth sports. This is a 30-minute course designed to inform parents on their roles and responsibilities when enrolling their child in youth sports. A P.A.Y.S. course is scheduled for Feb. 25 at 5:30 p.m. The class will be held at the Cinema One Movie Theater. For more information, call Mark Mikhitarian at 764-7530.



Activity	Intramural Sports Deadlines	
	Registration Deadline	Starting Date
Free Throw Contest	March 5	March 12
3 Point Shootout	March 5	March 12
Ultimate Frisbee	March 19	April 5
Softball	March 19	April 12



### The Youth Center now hosting craft classes

Upcoming classes include basket weaving class, basket liner class, various scrapbooking classes, county waste class, book tote class, and a Busy Mom's Tote class.

For more information call 764-7809 or sign up for classes at the Youth Center Bldg 788.

### Lay-away now for Camp Grinning Gator

Sign your child (ages five -12) up at the Youth Center for a summer of fun with activities such as field trips, swimming, skating, bowling, movies, sports and lots more! Lay-away today to ensure your child a spot. Call 764-7809 for more information.

### Teen Rent-a-party

Beginning in March the Youth Center will sponsor Teen-Rent-A-Party. Now your teen can have a Birthday Party without all the mess at home. Different party plans are available.

*Party Plan # 1-* A two hour party for 25 teens, cake, ice cream, hot dogs, drinks, decorations, D.J. and party coordinator. Guests will be able to dance, play pool, enjoy contests and have a great time. The cost for all this is \$150.

*Party Plan # 2-* A two hour party for 25 teens, cake, ice cream, individual pizzas, drinks, decorations, D.J.

and party coordinator. The cost for this plan is \$175.00

Each additional guest over 25 will be \$2.00 per guest. Call the Youth Center at 764-7809 or 764-7946 for all your party plans.

### After-School Counselor Training Program

Teens with nothing to do and no supervision after school are at a greater risk of unsafe behaviors and poorer grades. The High School After-School Counselor Training Program offers help to get better grades, develop leadership skills, work skills, and CPR /First-aid training. Participants will work in the After-School Program assisting adult counselors. Participants will also work at the registration desk at the Youth Center to learn office skills. Only teens ages 13-18 who are eligible to use MWR Youth Programs are eligible for the program. Call Betty Brandhorst, Youth Activities Director at 764-7809 for more information.

### Looking for a new career in 2004?

Have you considered starting a new career in 2004? The Child Development Homes (CDH) program is looking for individuals who live in base housing or within a 25-mile radius of the Naval Weapons Station who might be interested in providing child-care in their own home.

There are many benefits to becoming a provider, such as being your own boss! For more information, call the CDH office at 764-7347. You can also stop by the CDH office at 66 Von Steuben Street Monday through Friday from 7:30 a.m. to 5 p.m.

CDC, CDH and SAC implement centralized enrollment and waiting lists.



### LIBERTY Program

Unless otherwise indicated, Liberty trips and events are open to All Hands of WPNSTA Charleston and its tenant commands (active duty, civilian, and dependents, ages 18 and up). Sign up for these events at the NNPTC Activity Complex or the Liberty office (building 206, NNPTC Circle). The Liberty office is open from 8 a.m. until 5:30 p.m., Monday through Friday. Call 764-7002 for more information or check us out on the MWR website at [www.mwr.nwschs.navy.mil](http://www.mwr.nwschs.navy.mil).

### Frankie's Fun Park, Feb. 22, 1 p.m.

Sign up for transportation to this North Charleston fun park that features go-carts, video games, miniature golf, and much more. The cost for transportation is \$5 per person and the deadline to sign up is Feb. 20. Please bring questions to the Liberty office in building 206 or call 764-7002.

### Night Walk, Feb. 28

Experience the swamp at night with an official tour guide through the Francis Biedler Forest. Cost is \$8. Sign-up in the Liberty office located in building 206 by Feb. 20. For more information call 764-7002.

### Be A Pilot , Feb. 29

Have you ever dreamed of being a pilot? Here's an opportunity to good to pass up. For \$50 you can fly a Cessna plane over Charleston. Flight time does go toward certification. Cost is \$50. Sign up in the Liberty office (Building 206) by Feb. 23. For more information call 764-7002.

### Marksmanship Class, March 6, 7

Here's your chance to really dress up your uniform. The marksmanship class is held at ATP gun range on both Saturday and Sunday (for pistol and rifle). Be prepared to rise early as the trip departs at 5:30 a.m. Cost is \$45 to \$65. Remember to sign up early; the deadline for this activity is March 3. Call Liberty at 764-7002 for more information.

### Deep Sea Fishing, March 20, 6 a.m.

Join Liberty for a trip on the Thunderstar for a full day of fishing. Price includes transportation, rod, reel, and bait. Cost is \$70. Deadline to sign up is March 4. Sign up is in the Liberty office Building 206. For questions please call 764-7002.

**For more information about any of the activities and services offered at the WPNSTA Youth Center, call 764-7809.**

**AUTO SKILLS CENTER**  
**February Special**

**\$40**

**FUEL INJECTOR CLEANING**

Special includes 2 cans of Fuel Injector cleaner and 1 can of fuel tank cleaner.

Call the Auto Hobby Shop  
 @ 764-7752 for more information.

**Frame of Mine**  
*Custom Framing*

**February Special**  
**Take advantage of Frame of Mine's current special.**  
**Recieve 25 percent off all custom framing. Call 764-4107 for details or more information.**



## Information & Referral (I&R)

Have you heard!? There is an I&R website called Navy One Source with information for all areas in the states. Go to the Website [www.navyonesource.com](http://www.navyonesource.com). More information is added daily to this site..take a look! Do you want to Volunteer? Need information about free income tax preparers on base? Need to talk to a financial counselor? If you need answers to questions, call 764-7294/7480.

## Counseling Services

Want to feel better in 2004? Are you feeling stressed with school, your job, or the war? Well, we have trained counselors to help you through this time. You can make an individual appointment or with your spouse. We visit some commands during the day for anyone to talk. If you are an active duty or retiree, spouse of an active duty, retiree, widow, widower or POW family member survivor, you qualify for our free and confidential services. Call 764-7294 for an appointment.

## Do you know your Command Family Ombudsman?

Ombudsmen are information and referral people. A command family ombudsman is there to answer questions. Each command has an ombudsman. If you have questions such as: special needs of family member, moving, childcare, or about activities within your spouse's command, call your command ombudsman or Tommie Provost, 764-7294, ext. 48 to find the name of your ombudsman.

Below is a list of workshops available at Fleet and Family Support Center. For more information, call 764-7294.

WORKSHOP	DATE	TIME
Breastfeeding Support Group	Feb 23	1-3 p.m.
Infant Child CPR Class1	Feb 24	9-12 p.m.
Pre-separation Counseling	Monthly	
Playmornings	Every Wed.	9-11:30 a.m.
Stress Management	March 2	1-4 p.m.
Teen Jive Group	Feb 25	4-5:15 p.m.
Volunteer Opportunities	Mon.-Fri.	8-4 p.m.

## Stingrays ticket vouchers on sale at ITT

Ticket vouchers for the South Carolina Stingrays are now on sale at the ITT office for \$10. The vouchers may be purchased for any game and exchanged at the North Charleston Coliseum for seats in the lower 200 sections of the coliseum. Mark your calendar to attend the following home games:

- Feb. 22-Stingrays vs. Roanoke
- Feb. 24--vs. Pensacola
- March 9--vs. Augusta
- March 13--vs. Louisiana
- March 16 --vs. Alaska
- March 19 -vs. Alaska

Stop by the ITT office for your vouchers today or call 764-2120 for more information.

## SeaWorld Adventure Park, Orlando

It's totally new and there's nothing like it in Orlando! A floorless mega-coaster that hurls you underground straight into Kraken's lair. It twists, loops and drops 149 feet at speeds of 65 miles per hour. With splash-tastic Shamu, you'll witness the majestic power, beauty and magic of the biggest star at SeaWorld. Experience non-stop thrills with a journey to Atlantis. Hang on for two of the steepest, wettest water coaster drops ever. Take the plunge on a super-charged water-coaster of mythic proportions. Tickets at the ITT office are \$44.50 for adults and \$36.80 for children (ages 3-9). Stop by the ITT office for your tickets or call 764-2120 for more information.

## Universal Orlando

# SAVI program helps victims cope with sexual assault

What is SAVI? It is a Prevention Program. SAVI(Sexual Assault Victim Intervention) How can you help?

Sexual assault affects both men and women. Be aware that in 10 percent of reported sexual assaults, the victims are men. The following provides advice for men on how to prevent sexual assault from occurring.

\*Always assume that "No" means No! If you are right, you have not offended or exploited your partner in any way.

\*Examine your social behavior to be sure you are not doing things that could be construed as pressure or exploitation.

\* Don't feel that you, the male, must always initiate a sexual encounter, and don't initiate if you don't want to.

\* Communicate honestly,

assertively, and respectfully by expressing your needs and listening to other people's needs.

\*Be aware of stereotypes that encourage aggressive behavior by men and violence toward women. Don't get trapped into these roles.

\* If a friend boasts of exploiting a woman, condemn such actions. Peer pressure can be used positively to help stop abusive behavior.

\*Confront potential sexual assault scenes. When you see a man hassling a woman on the street, stand by to see if she needs help.

\*If you feel confident enough, directly intervene: if not, at least call appropriate law enforcement.

For more information or to speak to a counselor about SAVI, please call Janice Hickman at 764-7294, ext. 36.

Can't find what you're looking for here?

Visit The Fleet and Family Support

Center on the Web at

[www.nwschs.navy.mil](http://www.nwschs.navy.mil)

Meeting your needs. At home. At sea.

Introducing a new Orlando vacation alternative. Not one, but two amazing theme parks side-by-side, plus the happening nightlife of Orlando's hottest entertainment complex. It's all conveniently located just a few steps apart. It's the only place on earth that makes movies, TV, music, literature and pop culture and converts them into high-speed thrills, 3-D excitement and unparalleled adventure. It's time to leave the ordinary behind. Universal Orlando is a vacation from the ordinary. One-day ticket prices at the ITT office are \$46.95 for adults and \$37.10 for children (ages 3-9). Two-day ticket prices are \$86.15 for adults and \$70.95 for children. Stop by the ITT office for your tickets or call 764-2120 for more information.

The ITT office accepts VISA, MasterCard, Discover, and American Express on all ticket purchases! For attraction brochures or more information about ticket prices, stop by the ITT office or call 764-2120.



In honor of Black History Month in February, the Station Library will have a poster display and give away free bookmarks and informational sheets on famous black Americans. For more information, call the WPNSTA Library at 764-7900.

# Family & Housing News

## Military Housing birth announcements

Congratulations to MM1 Ryan Dyro and his wife, Lindsey, on the birth of their daughter, Madison Claire Dyro, Jan. 30. Madison weighed eight pounds, seven ounces, and was 20 inches long. Madison is the Dyros' first child.

If you would like your baby's birth announced in *Shoreline*, call Cheryl Harris, Housing Welcome Center, 764-7218/7219.

## Fire prevention

Residents are strongly urged not to place cooking oil in kitchen cabinets close to the range. Of particular concern are cabinets located directly above the range. In the unfortunate event of a range top fire, this stored cooking oil can become a ready source of fuel for the fire. This is especially true of oil packaged in plastic bottles, which can melt from the heat. Please check your cabinets and, if necessary, relocate the oil.

## Growing and maintaining green lawns

Spring is just around the corner. The following tips will provide a healthy green lawn:

1. Early spring: treat the lawn with a pre-emergent herbicide to prevent crabgrass and other broadleaf weeds from coming up.
2. If weeds have already taken hold, treat with post-emergent dandelion broadleaf weed control, as needed.
3. When the weather starts to warm up, fertilize, then two weeks later broadcast seeds, if needed. When the temperatures get high, it is too late to use fertilizer as the combination of heat and nutrients will "burn" the lawn.
4. Mow the lawn regularly, weekly during the summer season. Never cut more than 1/3 off of the total length of the blades of grass.
5. Spring and fall pesticide treatments will control fleas, fire ants and other insects that damage lawns.

Letting the grass grow is not a good idea, the weeds will grow faster and seed sooner and the grass will be shaded by these weeds and not grow. The result of not mowing is all weeds, no grass. Cutting the grass stimulates growth while removing the tops of the weeds prevents them from going to seed and spreading.

Letting the grass get tall then cutting it short will damage the grass and cause it to dry up too fast in the hot temperatures of summer. If the temperatures get too high, raise the cutting blade to a higher level. Watering the lawn helps it grow. Water the lawn only when the blades of grass appear to be drying up. The green will start to appear grayish green and will feel brittle. When

this happens, water your lawn for a half hour early in the morning or after 4 p.m. in the afternoon.

A pre-emergent can be used spring, summer and fall. If your lawn has more weeds than grass, try treating with a pre-emergent three times a year. The pest that does the most damage to lawns in this area is the mole cricket. This insect will spread underground, eating the roots and damaging the lawns, allowing weeds to thrive. There are many varieties of insecticides for lawns that may be used at any time of the year; follow the product instructions carefully.

Consider the care of the green lawn as therapy. A real pride can be taken in keeping your patch of earth looking good.

## Rental Partnership Program

If you are looking for an apartment or townhouse, stop by the Housing Welcome Center and check out our Rental Partnership Program (RPP).

What exactly is the Rental Partnership Program? The RPP is designed to provide military personnel, enlisted and officer, with off base, affordable housing. The program is governed by an agreement between the Property Management Company and Commanding Officer, Naval Weapons Station Charleston. Key points concerning the program are as follows:

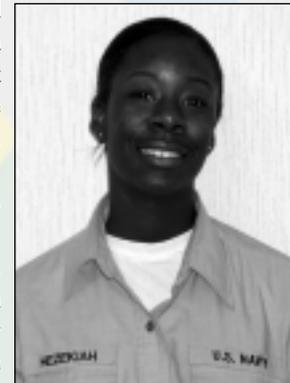
1. Program enables military personnel to rent off base housing with up to a 5% reduction in rental cost, requires no application fee or security deposit, and credit checks are waived.
2. All military personnel (married and single), who are currently eligible to apply for Navy Family Housing may apply for the RPP. A Power of Attorney is not authorized; member must apply.
3. The service member is required to initiate an allotment, via Disbursing Office, for payment of monthly rent to the Landlord.
4. Either a 6-or-12-month lease must be signed. The service member may terminate the lease with military orders, discharge orders or retirement certificate. An official copy of orders must be presented along with a 30-day written notice to vacate.

So, what do you need to do to get started? The military member must report for counseling to the Housing Welcome Center, bringing *all* of the following with them: a copy of their orders, a current Leave and Earnings Statement (LES), and if married, a copy of Record of Emergency Data sheet (Page 2). Failure to bring ALL of the listed items will delay your ability to apply for the RPP program. He/she must have a minimum of six months remaining on EAOS and PRD. If single, E4 or below, the member must have written approval from their command to live off base. When counseling has been completed, the military member will receive a list of participating apartment complexes along with a letter of eligibility. This letter, authorizing

## BEQ Employee Spotlight

### SK3 Demetria Hezekiah

Storekeeper Third Class Demetria Hezekiah is the newest supply clerk on the Bachelor Housing staff. Her previous duty stations include the USS Nicholson (DD 982), and the USS Harry S. Truman (CVN 75). In her off-duty time, Petty Officer Hezekiah enjoys basketball, bowling, reading, cooking, shopping and children.



participation in the RPP, is to be provided to the property manager of the RPP complex.

For more information please contact Debbie McCoy, 764-7218/7219, at the Housing Welcome Center.

## Preventative maintenance schedule

KIRA Incorporated is scheduled to begin performing spring air conditioning preventative maintenance in family housing. The importance of resident cooperation in completing this work cannot be overstressed.

The maintenance contractor will distribute flyers to residents in advance of scheduled dates. To avoid service failures during the summer, please schedule an appointment with KIRA if you miss their initial visit. Scheduled dates and streets for the month of March is as follows:

March 1-6: Monroe Street, Ortolan Street, Henry Street, Hale Street, Boone Avenue, Edison Street, and Houston Street.

March 7-13: Coucal Street, Bancroft Street, Bancroft Circle East, Bancroft Circle West, Bancroft Court, Chanticleer Street, and Bolivar Street.

March 14-20: Edwards Street, Fletcher Street, Fletcher Circle, Hickory Hall Lane, and Hickory Hall Court.

March 21-27: Gearing Street, Guadalcanal Street, Florikan Street, Webster Street, Old Tom Road, and Cote Bas Road

March 28 - April 3: Hamilton Street, Marrington Circle, Jefferson Street, Kamehameha Street, Key Street, Key Circle, Key Court, Florikan Circle, Kittiwake Street, Nemo Way, and Longwood Court.