

Shoreline



CHINFO Merit Award Winner



New CO takes the helm of local unit.
see page 3



Little league team wins first place.
see page 7



Celebrate Fourth of July the safe way.
see page 8



New housing initiative sets stage for change

By JO2 Christal A. Bailey
Navy Charleston Shoreline

Public Private Ventures (PPVs) will soon become an important element of the Naval Weapons Station Charleston's housing program. But what exactly is the concept behind PPV, and how will it affect Charleston military members?

Essentially, a PPV is a business arrangement between the government and a private entity to construct, renovate, manage, operate, and maintain a specific housing site that will be occupied by military personnel.

Unlike traditional government-owned housing that is maintained and managed by the Navy or Department of Defense, PPV housing is financed with private dollars. This type of partnering between the military services and the private sector has been made increasingly attractive in recent years by declining maintenance budgets and growing maintenance backlogs in the housing program.

According to Housing Director, Linda Miller, PPV is a way for the Navy to save money. "The beauty of PPV is that it's three to one leveraging," she said.

"For every three dollars the developer puts in the Navy only has to put in one dollar, so it's going to eliminate our maintenance backlogs and help renovate our houses."

Once a housing site is privatized or transferred by the government to the private investor in conjunction with a long-term agreement, it is no longer government housing. Developers may immediately begin major renovation of existing housing.

Miller said those who choose to live in PPV housing must sign a lease, just as they would in the case of any other private housing. The difference between PPV and other private housing is the occupant agrees to pay monthly rent equal to the member's Basic Allowance for Housing (BAH). Military members are not obligated to live in the PPV housing, and retain the option of living off base using their BAH.

PPV will take place January 2006 here in Charleston. "Families will still be living in a military community," Miller said. "The quality of life will still be there."



photo by JO2 Christal A. Bailey

Wendy Wessels takes children from her Child Development Home to a park located in Naval Weapons Station Housing. Station housing will undergo PPV in January 2006.



photo by Bart Jackson

Battle for Midway brings heroes, Sailors together

Onboard USS Yorktown at Patriot's Point, a Naval Weapons Station Charleston petty officer listens as William Carpenter, U.S. Navy ret., reminisces about his days during the Battle of Midway. Several Charleston Sailors visited the Yorktown, while Naval Weapons Station Charleston commanding officer Capt. Robert M. Zalaskus was keynote speaker for the reunion of Midway survivors commemorating the 62nd anniversary of the pivotal naval battle.

"The service and protection provided by the crew of the USS Yorktown over the years is our gift to all Americans."



The Battle for Midway
June 3-6, 1942

Naval Weapons Station Charleston



Mission

To provide ordnance and waterfront management, quality of service and logistic support in a secure multi-service environment.

Commanding Officer

CAPT Robert M. Zalaskus

Executive Officer

LCDR Wesley S. Smith

Business Manager

Rita Schmitt

Command Master Chief

CMDMC(SS) Tim Domrose

About the Shoreline

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Chaplain's Corner

By Cdr. B. N. May

Naval Nuclear Power Training Command

You may have heard the saying; "Bad things happen to good people." Well I'm a witness that it's not a matter of if, but when.

After having received bad news, not long ago, a friend said to me; "I'm sorry this is happening to you. But since you have to deal with it, I'm glad you have faith." My friend, in essence, reminded me of some important realities based in faith.

First; Regardless of the circumstances, we are never alone. "Though I may walk through the valley of the shadow of death, I will fear no evil: for You are with me. (Psalm 23)

Second; Just because we find ourselves in bad situations doesn't mean the situation has to be in us (negative situations don't have to yield negative attitudes).

And finally, Faith means holding to the conviction that negative events will yield a positive outcome.

It has often been said that you cannot prepare for tragedy. However, I believe faith is the substance that can enable each of us to survive negative circumstance. This was never more vivid than when I saw a beautiful historic building built in the 1700s on the waterfront along Bay Street in Savannah, Georgia.

It was built of a diverse array of stones that had served as ballast in the holds of sailing ships arriving from afar. These stones served as a beautiful building resources along the waterfront. However, in the days of sailing ships, these stones meant survival for mariners due to the buoy-

ancy of the wooden vessels. Such ships would naturally have a large amount of the hull floating above the water line. This could lead to instability during a storm leaving the ship to capsize. Mariners of the day learned to place ballast stones in the bottom of the ship (below the water line) around the foot of the mast to compensate for the ships lightness and increase its stability in bad weather.

It's interesting to consider what little tangible value these stones represented as well as the low position they inhabited in the ship. And yet, the mariners depended on them for a safe journey. In a sense, that's the position that faith, hope, love and many other stones of virtue hold in our lives.

They are intangible and invisible as they sit below our waterline. However, they can make all the difference when faced with hardship. Our spiritual ballast is something we load while still in port and before the storm sets upon us.

As we've discovered in the Lowcountry it's hard to buy batteries after a hurricane. Watch has been set. Ultimately, it is our response in times of challenge that will make it either a divine or disastrous experience.

This has been a wonderful and fulfilling tour for me here in the Charleston area. But alas, all tours must come to an end and so must this. In my departing I must thank God for the wonderful people of NWS and it's tenant commands that have befriended me and enriched my experienced.

May God continue to bless and keep you, filling your lives with righteousness, peace and joy in the Holy Spirit.

MSF Sailors take over security of Iraqi oil terminal

**By Journalist 2nd Class Wes Eplen
Commander, U.S. Naval Forces
Central Command/Commander,
U.S. 5th Fleet Public Affairs**

Navy Mobile Security Force Det. 21 (MSF Det. 21) relieved the Interim Marine Corps Security Force (IMCSF), Bahrain, June 5 aboard the Khawr Al Amaya and Al Basrah Oil Terminals (KAAOT and ABOT) in the North Arabian Gulf.

The Marines had been aboard the terminals since May 29, when

they relieved Bahrain's Fleet Anti-terrorism Security Team (FAST), which deployed to enhance terminal security hours after the failed April 24 insurgent attacks on the terminals. Comprised of approximately 70 Navy Sailors, MSF Det. 21 will fill the same role, but with additional weaponry and gear.

Commissioned in February of 2003, MSF Det. 21 is the first operational unit in the Navy's newly created Mobile Security Force.

"We provide point defense for

any high-value asset, be that an aircraft, oil platform, USNS or USS ship. Anything the Navy deems high value, we protect," said Lt. Brian Vandiver, MSF Det. 21 officer in charge.

Twenty-four hours a day, MSF Det. 21 Sailors stand strategic watch positions across both platforms and maintain a reaction force on each. The detachment works in cooperation with civilian Iraqi security forces and thousands of other military and contracted forces as part of Task Force Shield, the initiative established to protect the terminals and pipelines from saboteurs.

"The only way they [Iraqis] are going to get the money they need to rebuild is through their oil, and almost all of their oil comes through these platforms," said Vandiver. "If we: the ships, Mobile Security and NCW [Naval Coastal Warfare] can't keep these platforms safe, then we've failed everyone ashore, including the roughly 130,000 Army Soldiers and Marines who have been in there for a year. All they've accomplished is useless if there's no way to get this oil to market and improve Iraq's economy."

Sailors from Naval Coastal Warfare Group 2, deployed from Norfolk, Va., remain aboard the terminals while training MSF 21 to operate their surveillance and communications gear.

But MSF Sailors are well accustomed to intensive training.

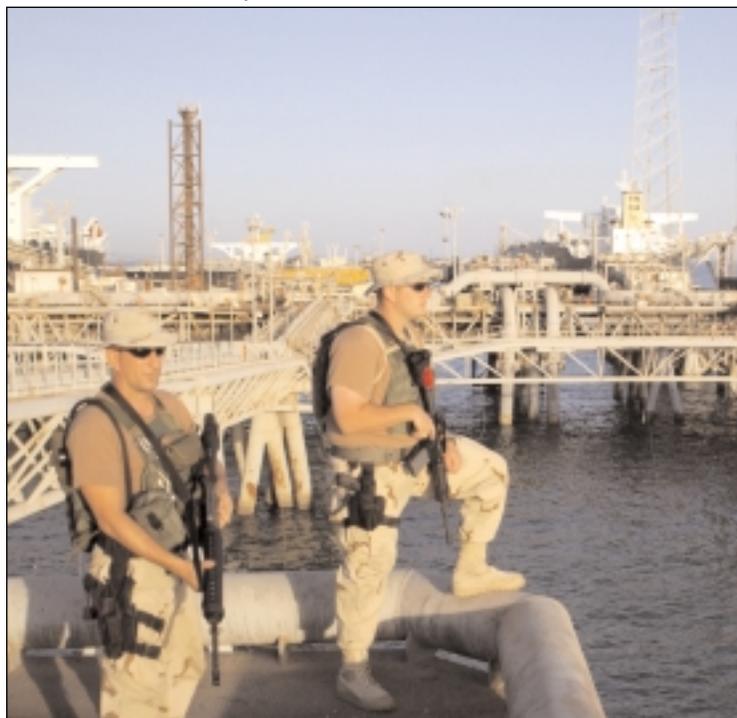
Everyone in MSF attends basic master-at-arms training regardless of their rate, as well as a myriad of specialized Navy security, force protection and combat schools. All also attend Marine Corps crew-served weapons training.

In addition to the specialized forces aboard the terminals, increased security measures around the terminals include a 2,000-meter Exclusion Zone and a Warning Zone that extends to 3,000 meters. The zones are enforced by a number of coalition warships under the command of Commander, Task Force (CTF) 55.

"The ships out here are great," said Master-At-Arms Seaman Apprentice Stephen Mallery. "They really give us a lot of support, bringing us food and taking us on board to check email and wash clothes. Plus it just feels good to look out there and see one of those gray hulls coming around. You feel a lot better when you see them sitting out there."

"It's a dangerous job, but this is what MSF was made for," added Engineman 2nd Class Robert Looney. "Our design and all our training prepares us for going into a hostile environment and providing the fleet with 360-degree security for a high value asset."

Since July 2003, KAAOT and ABOT have pumped more than 450 million barrels of oil to more than 280 tankers, resulting in more than \$11 billion in revenue for the Iraqi people.



Engineman Second Class Robert Looney and Engineman Second Class Joe Pearson stand watch on the north end of Al Basrah Oil Terminal.

MOMAU-11 welcomes aboard new commander

Outgoing CO praises Sailors for job well done

Story and photos by JO2 Christal A. Bailey
Navy Charleston Shoreline

Mobile Mine Assembly Unit Eleven (MOMAU 11) bid farewell to outgoing commanding officer Cdr. Stephen Anderjack as they welcomed aboard Lt. Cdr. Marquis Patton during a change of command ceremony June 21 at the Redbank Club.



Lt. Cdr. Marquis Patton, right, addresses Cdr. Stephen Anderjack and Cdr. Terry Auberry during Mobile Mine Assembly Unit Eleven's change of command ceremony June 21. Patton relieved Anderjack as commanding officer.

The guest speaker at the ceremony was Cdr. Terry Auberry, Commander Mobile Mine Assembly Group. During his speech Auberry highlighted many of the command's accomplishments during Anderjack's tour, and expressed his hopes for the command as Patton prepares to take the helm.

"MOMAU-11 is the largest mine shop in the U.S.," Auberry said. "Since Cdr. Anderjack has been here he has increased the productivity of viable assets more than 15 percent."

As Anderjack handed over the command, he thanked his chain of command for their support during his tour. "You have given me 110 percent and that alone is great," he said.

Anderjack also praised the Sailors that comprise MOMAU-11. "This is a great group of Sailors," said Anderjack. "I am turning over a group of highly trained professionals."

Patton thanked his family after reading his orders. "This is a great opportunity for me to be here," he said.

Patton entered the Navy in 1979, and advanced to Chief Torpedoman's Mate in 1989. He earned his commission in August 1992 through the Limited Duty Officer program. Patton reports to



Cdr. Steve Anderjack is piped aboard during MOMAU-11's change of command ceremony June 21.

MOMAU-11 from Commander, Afloat Training Group Pacific, San Diego.

Navy Region Southeast looks for change in the future

Seapower 21, the Chief of Naval Operations' (CNO) vision for restructuring the Navy, is changing the way Navy conducts business and allocates service dollars. The change is aimed at creating a leaner service and streamlining expenditures across the board.

At Commander, Navy Region Southeast (CNRSE), what's driving the engine of change is regionalization.

Although CNRSE has been in place since February 1999, there is a new way to do business for Navy regions worldwide. At the direction of the CNO, Commander Naval Installations (CNI) was established October 2003 to reorganize how business is conducted ashore and to create a single responsible office for Navy shore installation management. Currently, there are 16 regions that report to CNI.

Fourteen installations in Florida, Georgia, Mississippi, South Carolina, Tennessee, and Guantanamo Bay, Cuba, report to CNRSE headquartered at NAS Jacksonville, Fla.

As part of the ongoing regionalization process, CNRSE is evolving toward what is called 'program management alignment.'

In the past, regions developed policy and provided guidance and advice to the installa-

tions. Each installation developed its own requirements and budgets, which ultimately led to 'haves' and 'have nots,' as well as redundancies in services at times. There was no set standard for doing business. Each installation had its own style, or way of doing business.

With regionalization, subject matter experts from housing, public affairs, Fleet and Family Support, and Morale, Welfare, and Recreation, to name a few, are now called program directors at the regional level.

These program directors use their regional perspective to make recommendations to installation commanding officers for identi-

fying requirements, proposing budgets and recommending changes that are aimed at developing better business practices across the board.

Program directors work closely with their counterparts at the base level to ensure that the installations requirements are identified and taken into consideration as business plans and budgets are defined at a regional level.

Currently, program directors are conducting business studies and making proposals to commanding officers on areas where the Navy in the Southeast can be more efficient and effective.

The outcome of these studies will determine future changes in services and the military and civilian workforce structure.

Operating Budgets

CNI has identified four capability levels, ranging from an ideal, top-funded situation, known as Capability Level One, to a bare bones operation, known as Capability Level Four. Currently, most programs across the Navy will be funded at Capability Level Three.

Program directors are responsible for

ensuring that budgets, starting with fiscal year 2005, are built to reflect how much money is needed to perform at the Navy-wide definitions of services at Capability Level Three.

"Some may look at this as a reduction, but in today's budget environment, it means the Navy is taking very seriously the idea that we spend our money wisely," Capt. Larry Cotton, CNRSE Chief of Staff said. "With this budget system, there is no need, for example, for end-of-year spending, where people spend for spending sake. We ensure that there is no wasteful spending in one area, when the money could be better used elsewhere."

Appropriate planning throughout the year will ensure the services required to meet the mission get funded and budget targets are properly managed.

"Change is not easy. These are hard decisions to make," said Cotton. "But they're smart decisions and ultimately they'll mean a better Navy, one that's well equipped to meet current, as well as future challenges, and will better prepare us in the southeast to support the Navy's goals."



Around the Station



The Naval Weapons Station Charleston 11-12 year old Dixie Youth Boys Baseball Cubs finished number one in the Northwoods league. They completed the season with an 8-4 record, a one game lead over 2 teams tied for second place. Season highlights included an opening day win over last year's champions, a game-winning three RBI walk-off homerun, a game-ending two RBI triple, and a near perfect one hit shutout. Team members included Jamaal Brignam, Jordan Brock, Zack Bunde, Jacob Dudensbach, Lance Fires, Chris Frost, Raymond Herod, Tyler Kruger, Bishop Pearce, Ryan Silliker, Bryan Tate and Cody Wheeler. The Team Mom responsible for everything off the field was Michelle Fox. Team Bookkeeper was Steve Purdon. The team was coached by George Tate, Mike Fox and Clay Fires.



U.S. Army Material Command's Combat Equipment Group-Afloat (CEG-A) conducted an awards ceremony recently spotlighting its maintenance contractor employees from DynCorp International LLC. Top row, from left, Terry Corbin, Frank McMullen, Russel Friar, Steve Albury and Gary Mitchell. Bottom row, from left, Tim Piper, Robert Curry, Col. Glover and Walter Milburn. The employees were awarded certificates of appreciation from Glover for performance and support during CEG-A operations.



photo by Bart Jackson

A Naval Weapons Station Charleston fire fighter stands-by for safety after one of the U.S. Army's Port Support Authority's 5-ton trucks overturned on the Station's Southside June 22. The truck was on its way to be loaded for shipment. The Station Fire, Safety and Security departments along with the U.S. Army were on scene to provide assistance. Only minor injuries were reported.

Briefly Speaking

Camp Grinning Gator at Youth Center

School is out for the summer and Camp Grinning Gator is well underway at the Youth Center. The first camp session ends today, and the second session is scheduled for June 28 through July 23. The third and final session is scheduled for July 26 until school starts.

Grinning Gator is open to dependent children (ages 5-12) of active duty military, retirees, reservists, DoD civilian employees and DoD contractors. During Camp Grinning Gator, campers participate in drama, music, nature activities, skating, bowling, field trips, sports and more. Camp fees are based on a sliding fee scale and only 150 slots are available per session.

Stop by the Youth Center today to register your child, or call 764-7809 for more information.

Fleet Reserve meeting

The Fleet Reserve Association meets the second Thursday of each month. The membership meeting begins at 8 p.m., and the Ladies Auxiliary, FRA meets at 6:30 p.m. Meetings are held at 224 Redbank Road. Active or retired U.S. Navy, Marine Corps and Coast Guard are eligible for membership. For more information, call 569-2692.

Golf course privileges for kids

Come out to Kids' Day every Tuesday at Redbank Plantation Golf Course. Kids' Day is open to all children under the age of 21. Kids under the age of eight must be accompanied by an adult to be able to play under the special.

The greens fee is only \$3 to play all day (cart not included). This special will run every Tuesday and will continue until Aug. 31. The driving range will have reduced rates for kids. They can hit balls on the range for only \$1. Tokens will be sold one at a time.



Celebrate this year's Fourth of July safely

SAFETY TIPS:

The National Council on Fireworks Safety, www.fireworksafety.com is urging Americans to take extra care when celebrating with fireworks this Fourth of July. The safety education group expects the use of fireworks to rise dramatically as Americans celebrate with a renewed sense of pride and patriotism.

As part of its annual safety campaign, the NCFS is sponsoring a nationwide safety hotline for radio, television and newspaper reporters to interview experts on the safe use of fireworks. The hotline numbers are (202)737-0172, (202)737-8405 and (202)737-8400. The hotline will run June 24 through July 3, weekdays, 9 a.m. to 5 p.m.

Fireworks injury rates have declined by almost 75% during the past decade.

According to the U.S. Consumer Product Safety Commission (CPSC), there were an estimated 8,800 people treated for fireworks-related injuries in 2002. In 1990, the figure was 12,000.

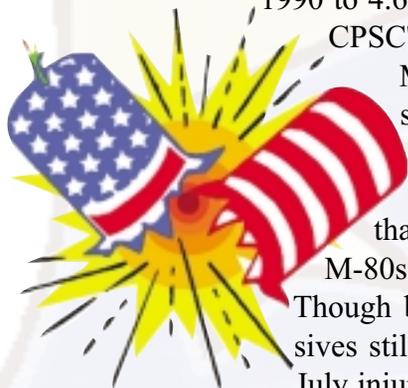
However, the real story is that fireworks injuries have dropped radically. Injuries per 100,000 pounds of fireworks have dropped from 17.8 in 1990 to 4.6 in 2002, based upon statistics from the CPSC's NEISS system.

Manufacturers' participation in Federal safety regulations, combined with an increased consumer awareness, are making the Fourth of July Holiday safer than ever. However, explosive devices like M-80s and M-100s continue to be a problem. Though banned since 1966, these illegal explosives still account for one-third of all Fourth of July injuries.

This Fourth of July, legal fireworks that meet the safety regulations of the CPSC will be on sale in 43 of 50 states and the District of Columbia.

To help you celebrate safely this Fourth of July, the Consumer Product Safety Commission and the National Council on Fireworks Safety offer the following safety tips:

1. Always read and follow label directions.
2. Have an adult present.
3. Buy from reliable sellers.
4. Use outdoors only.
5. Always have water handy (a garden hose and a bucket).
6. Never experiment or make your own fireworks.
7. Light only one firework at a time.
8. Never re-light a "dud" firework (wait 15 to 20 minutes and then soak it in a bucket of water).
9. Never give fireworks to small children.
10. If necessary, store fireworks in a cool, dry place.
11. Dispose of fireworks properly by soaking them in water and then disposing of them in your trashcan.
12. Never throw or point fireworks at other people.
13. Never carry fireworks in your pocket.
14. Never shoot fireworks in metal or glass containers.
15. The shooter should always wear eye protection and never have any part of the body over the firework.
16. Stay away from illegal explosives.



Are you grillin'?

The acrid smoke wafting across the neighbor's fence; the sizzle and aroma of a thick steak hitting a hot grill; the sounds of laughter and delight as the backyard chef yells, "Come and get it!" These culinary assaults on the senses are a dead giveaway that the grilling season is upon us.



What to do?

Head to the commissary for charcoal, lighter fluid, paper plates, napkins, soft drinks, snacks and, of course, the great selection of meats, fish, poultry, fresh produce and other things to barbecue - all at 30 percent savings!

Don't have a grill? That's not a problem. The Navy Exchange on Station has all types of grills ranging from the small simple grill for a couple of bucks to the considerably more expensive and impressive propane-powered, multi-level grill with electronic ignition and a set of gauges that would stop a flight engineer in his tracks. Either way, it's about the food and the technique, not the hardware.

Don't know how to grill? Again, it's not a problem. Just ask your gourmet chef next-door neighbor for some words of wisdom or check out a self-help book from your library. In the meantime, here are some helpful tips to make the grilling experience more enjoyable:

- * Place the grill outside at least 10 feet away from the house and anything that can burn.
- * When lighting charcoal briquettes using charcoal lighter fluid, apply the fluid and let it soak in a minute or two.
- * When using an electric charcoal starter, be certain to stand on dry ground before plugging it in. It will be hot after use so place it where no one can touch it.
- * NEVER, NEVER, NEVER use gasoline to light charcoal!
- * Prevent cross-contamination of harmful bacteria by keeping raw meat separate from cooked meat. Do not use the same plate or utensils for raw and cooked meat.
- * Cook hamburgers and other ground meats until they are well done and their centers are no longer pink. Because of potential serious bacteria contamination, the heyday of the juicy rare burger with a pink center is over.
- * Experiment with sauces and marinades. Marinating or basting will add a deep, flavorful taste to meats. Be careful to avoid cross-contamination: Do not baste meat on the grill with marinade that was used on uncooked meat.
- * Try grilling vegetables. Get unique taste sensations by grilling ordinary vegetables basted in sauces and sprinkled with dry herbs.
- * Tenderize pork chops and chicken by microwaving them for a couple of minutes and soaking them in a barbecue sauce for about 30 minutes.
- * Try grilling corn-on-the-cob. Wrap the ear of corn in foil along with a pat of butter and a touch of barbecue sauce. Place the corn on the grill for seven to 10 minutes.
- * Don't overcrowd the grill. If you do, the foods will just steam and not cook properly.
- * Prevent scorched food by extinguishing fire flare-ups with a clean spray bottle of water kept near the grill.

Remember two things to ensure a safe cookout.

The "danger zone" for growth of harmful bacteria is 40 degrees Fahrenheit to 140 degrees Fahrenheit, so keep cold foods cold and hot foods hot and use them within two hours or throw them out. Hand washing is a necessity for safe food preparation; wash hands thoroughly before handling food and frequently throughout the cooking process. Now you have a head start on a safe, successful, fun and delicious grilling season.

Oh, and don't forget to invite your neighbors!



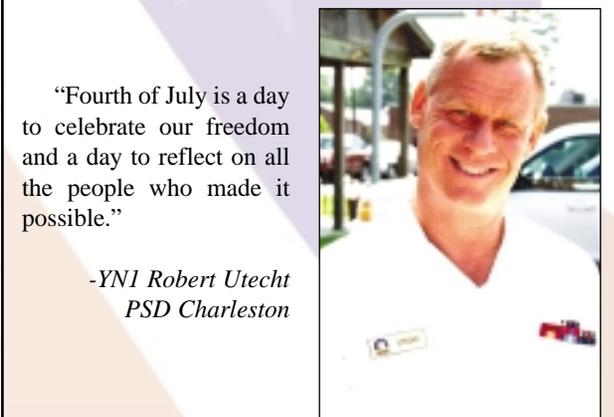
From your
Perspective

What does Fourth of July mean to you?



"It's a day to celebrate independence with our family and friends. It's also a time for us to remember past wars and display our patriotism."

*-Duran Butler
Navy Exchange*



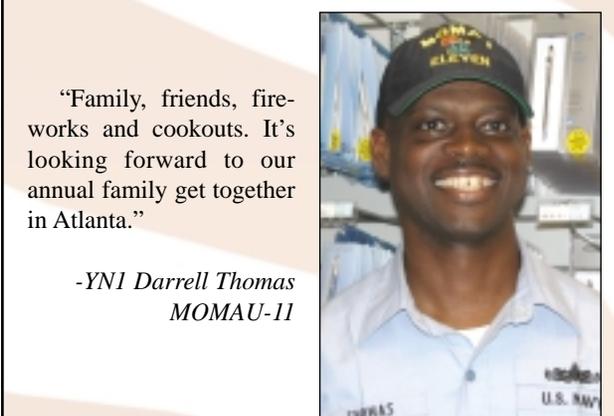
"Fourth of July is a day to celebrate our freedom and a day to reflect on all the people who made it possible."

*-YNI Robert Utecht
PSD Charleston*



"It's the celebration of the American spirit, founding a new country and a free way of life."

*-Steve Bellomy
Outdoor Adventure Center*



"Family, friends, fireworks and cookouts. It's looking forward to our annual family get together in Atlanta."

*-YNI Darrell Thomas
MOMAU-11*



Information & Referral (I&R)

Have you heard!? There are free baby information classes for new parents. Need to sit and chat with a counselor? More information is added daily to this site, take a look! Do you want to volunteer in your community or on the base? Need information about free Income Tax Preparers on base? Need to talk to a financial counselor? Are you moving and need information about the new location? If you need answers to questions, call 764-7294/7480 or go to the website- www.nwschs.navy.mil.

Counseling Services

Need to talk to someone in confidence? Are you feeling stressed or angry? Just call and make an appointment for our free counseling! We have trained counselors

to help you through this time. You can make an individual appointment or with your spouse. We visit some commands during the day to talk. If you are an active duty or retiree, spouse of an active duty, retiree, widow, widower or POW family member survivor, you qualify for our free and confidential services. Call 764-7294 for an appointment.

Command Family Ombudsman

Ombudsmen are information and referral people. A command family ombudsman is there to answer questions. Each command has an ombudsman. If you have questions such as: special needs of family member, moving, childcare, or about activities within your spouse's command, call your command ombudsman or Tommie Provost, 764-7294, ext. 48 to find the name of your ombudsman.

WORKSHOP	DATE	TIME
Advanced Resume	Monthly	
Infant Child CPR	June 29	9 a.m.-Noon
Breastfeeding Support	June 28	10-11 a.m.
Pre-separation Counseling		Monthly
Playmornings	Every Wed.	9-11:30 a.m.
Spouse Orientation	Every Tues.	10 a.m.
Stress Management	July 6	1-4 p.m.
Volunteer	Mon.-Fri.	8 a.m.-4 p.m.

*Teen Jive is on summer vacation. Call in August for dates.

Can't find what you're looking for here?
Visit The Fleet and Family Support Center on the Web at www.nwschs.navy.mil
Meeting your needs.
At home. At sea.

FFSC: Not just for families any more

By Fleet and Family Support Center
Naval Weapons Station Charleston

When many people think of the Fleet and Family Support Center (FFSC) they think that it is just for families. However, The Center is a resource for all Sailors, especially single Sailors.

"Use it," suggested Lt. Brian Campbell, FFSC Policy Assistant, who is single. "There's lots of good stuff there, and you may not even know that you could use the help unless you check out The Center."

Single Sailors aren't just young servicemembers on their own for the first time; they are also single parents or senior servicemembers thinking of retirement. So no matter what situation arises, The Center provides assistance that can make Navy life easier and save time and money.

"The Center is good for singles all over because the service is predictable, steady and there to help address the challenges of military life," said Patti Tebow, a licensed mental health counselor with The Center at Naval Air Station (NAS) Jacksonville. "Since Sailors often move away from their friends and family, and therefore don't have a support system, we give them a place to turn to."

Single Sailors have a number of free services available to them, including deployment support, Information and Referral (I&R), Personal Financial Management (PFM), Relocation Assistance Program (RAP), Transition Assistance Management Program (TAMP), New Parent Support (NPS) and Life Skills Education.

If you have a question about Navy life, benefits and available resources on base and in the community, The Center can get you an answer, fast. Navy Personnel Command estimates that every minute you spend with an I&R counselor saves you six minutes of research. Likewise, sessions with private-sector counselors can cost

hundreds of dollars, depending on the issue. Sessions with counselors at The Center, no matter what the issue, are free for Servicemembers, family members and retired military.

"We can help you whether you are 22 or 82," said Tebow. "We offer all sorts of programs from single parenting to pre-marital evaluations and singles brown-bag lunches."

Not too long ago single Sailor Chase Agnew of NAS Jacksonville found out how hard it can be to be away from home in a time of need.

"I was having a problem with grief from a past issue and it was affecting my work very badly, so I came to The Center and took stress and anger management classes and received individual counseling," said Agnew. "Since, I have been able to increase my motivation and get my work habit back to what it was when I came to Jacksonville."

Campbell knows that most servicemembers have the mentality that they can do anything, and most of the time they can. The difference is The Center's trained staff can help you accomplish the same tasks in a fraction of the time at no cost, thereby allowing Servicemembers to concentrate more on their jobs.

"The Center is there for all single Sailors from E-1 to O-10," said Campbell. "Don't shortchange yourself; utilize all of your resources."

The Center provides operational, mobility and counseling support to service-members and their families, helping them adapt to Navy life. The Center's services are a benefit free to all service members, single or married, including activated Reservists, retirees and Department of Defense civilians in overseas locations.

For more information on The Center and its programs, call Naval Weapons Station Charleston's FFSC at 764-7294, or visit www.persnet.navy.mil/pers66.



Lindy McCall of Naval Weapons Station Charleston's Fleet and Family Support Center (FFSC) speaks to a single Sailor who frequently uses services offered at FFSC. For more information about services offered at FFSC call 764-7294.



Family & Housing News

Fire ants

Fire ants have been, and will continue to be, an ongoing problem for us all. Some of you or your children have experienced multiple bites from these aggressive insects. The Self-Help Store has six-ounce containers of AMDRO Granular Insecticide to help control these pests. The manufacturer recommends that the bait be sprinkled around the base of the mound and up to three feet away. Individual mound treatments may take one to several weeks to eliminate colonies. One container should treat three mounds. Caution children against disturbing fire ant mounds they may discover.

Playgrounds

We have had a number of complaints about broken glass on the playgrounds. Parents, please remind your children not to break bottles, or glass items of any kind at the playground.

Small children using the playground could be injured by the glass.

Grounds maintenance at work

Small children don't often see the dangers of large pieces of mowing equipment. This is particularly true when the equipment is operating within or near the various playgrounds.

Parents are strongly urged to caution children on the dangers involved in playing near tractors and mowers while they are in operation. Contractor equipment operators are well aware that there are many small children in the Housing community; however, children can be difficult to see from the seat of a large cutting machine. Family pets, especially

unleashed dogs, tend to be a nuisance by disrupting contractor personnel who are performing their duties. Stray pets, such as dogs and cats, will be picked up by Goose Creek Animal Control. Although accidents do happen, some of them are avoidable.

Help wanted! Has your status changed?

- * Has your rank changed?
- * Has your duty station changed within the Charleston area?
- * What about your Projected Rotation Date (PRD); has it been extended?
- * Do you anticipate being temporarily assigned outside the Charleston Area?
- * Are you in a limited duty status pending reassignment or separation?
- * Has your family composition changed? If so, has your Page 2 been updated?
- * Have your home or work telephone numbers changed?

If you answered yes to any of the above, we can use your help in updating your status. Please notify the Housing Welcome Center by providing a copy of your new orders, page 2, proof of rank/rate, or PRD verification. Housing personnel and housing residents must keep each other well informed. Please contact one of our housing assistants, 764-7218/7219, who will gladly answer any questions you may have about updating your status.

What is a Projected Rotation Date?

For the military member, a Projected Rotation Date (PRD) is the date scheduled for rotation or transfer. This is an

important date not only for sponsors but also for the Housing Department. The PRD is so important, that when it is changed, Housing must be made aware of the change either by orders or by command memorandum. Why? A 30-day notice is required when vacating Military Family Housing, and when a Notice of Intent to Vacate has not been received within 30 days of the PRD, Housing personnel begin to attempt making contact with the sponsor, family members, or their command to find out if or when the member is being transferred. It is best for ALL concerned when members keep their status up-to-date. Please accept and meet this responsibility.

Bachelor Housing note

Summer is here and more people are using gas grills. BH residents are authorized to have grills under balconies, but are reminded they must only be utilized on the grounds area with no overhead coverage. The pavilions and park areas are available to BH residents desiring to host recreational/social events. A request should be obtained from the front desk and approved prior to hosting the event. Available pavilion hours are 0800-2200 daily. Host and guests are also reminded that the noise level should be maintained at a minimum. For outside events, the playing of music will be maintained at a moderate level appropriate for the listening pleasure of personnel in the immediate area attending the event. A disturbance is considered to be any action, that interrupts the quiet, rest, and peace of another resident or individuals in adjacent residences. Typical disturbances are attributed to the volume of stereos, radios, and televisions, or loud boisterous behavior.

Leisure Times Lite

Freedom Fest

Celebrate Independence Day at Marrington Plantation tomorrow from 5 to 10 p.m. Watch exciting International Championship Wrestlers from 6 to 9 p.m. and fireworks starting at 9:30 p.m. Food tickets will be sold at the event and you can compete for prizes in the karaoke contest. There will be jousting tournaments, games for the kids, a DJ and lots of fun! Call Liberty at 764-7002 for more information.

4th Of July celebration

This year, Short Stay will have its exciting 4th of July celebration July 3 and July 4. Fireworks, a DJ and street dance are set for Saturday evening and a free movie is scheduled for Sunday. Equipment will be available in the office all weekend for basketball, horseshoes and volleyball. Other activities such as swimming, boating and fishing, will make your 4th of July celebration complete! For more information, call Short Stay at 743-2366.

Military lap swim

Military lap swim is now available at

New Wave Aquatic Center Monday through Friday from 5:30 to 7:30 a.m. Military lap swim at Eastside Pool is available Monday through Friday from 11:30 a.m. to 12:30 p.m.

Get fit with water aerobics

Water exercise classes featuring DeltaBells water fitness equipment, offered at New Wave Aquatic Center, provide for a great fitness program for swimmers and non-swimmers alike. This fitness program is designed to enhance the resistance of water pressure during exercise. Class instruction and exercise with DeltaBells water exercise equipment give participants the ability to adjust the pace to a low or high intensity workout. Classes are held on Monday, Tuesday and Thursday of each week from 5:30-6:30 p.m. The cost is \$35 per person per month. A special discount price of \$30 is available to seniors.

Discover physical fitness at New Wave Aquatic Center with these versatile hand-held DeltaBells. Made with soft buoyant foam and comfortable padded grips, DeltaBells add stability, intensity, and

diversity to your deep or shallow workout. Their unique triangular design allows you to vary resistance and intensity with the turn of a wrist. Register now for these water exercise classes. For more information, call New Wave Aquatic Center at 764-7033.

Six Flags and Atlanta Braves Trip, July 3-5, 7 a.m., \$130

Two trips for the price of one! See the Braves play the Boston Red Sox and then spend a day at the Six Flags over Georgia theme park for the Independence Day weekend. Sign up in the Liberty office (Building 206) by June 30. For more information call 764-7002.

Pool Tournament, July 6, 5:30 p.m.

Stop by The Dive and compete for great prizes in our biweekly pool tournament. The only charge is the cost of the game. Prizes include gift certificates to the NEX. For additional information call 764-7002. Open to all active duty.

Deep Sea Fishing, July 10, 5:45 a.m., \$70

Spend your summer day fishing for

your supper with Liberty on our deep sea fishing trip. All equipment and supplies are included for just \$70. Sign up with Liberty (Bldg. 206) by June 25. Call 764-7002 for more information.

Scuba Diving, July 11, 7 a.m.

Certified divers can take advantage of this opportunity to explore underwater subway cars in the "Car Barges" at Edisto 60. The price is \$85 if you have your own equipment and \$105 if you need to rent equipment. Sign up with Liberty (Bldg. 206) by July 2. Call 764-7002 for more information.

Marrington Mountain Bike Ride, June 30, 5:30 to 7 p.m.

Join our guide for a mountain bike ride on one of the local trails at Marrington Plantation. If you need a bike, we will give you one to try out for the evening. We will meet at the Outdoor Adventure Center at 5:30 p.m. and ride out from there by 5:45 p.m. Participant limit: nine. Pre-trip: none. Required gear: mountain bike (provided for \$5 if needed) and helmet. Exertion level: moderate. Prerequisites: none. The signup deadline is June 29.