

Shoreline



CHINFO Merit Award Winner



Pass and Badge
We've got a sticker
for you.

see page 3



We've got the cure
for the summertime
blues.

see page 7



Remembering
DAD
Fathers Day
June 20, 2004

Military to support Reagan funeral

By Kathleen T. Rhem

American Forces Press Service

WASHINGTON, June 7, 2004 - Military members around the country are working to honor a former commander in chief this week.

The death of former President Ronald Reagan June 5 set into motion a plan that will end up involving countless military members from all the armed forces.

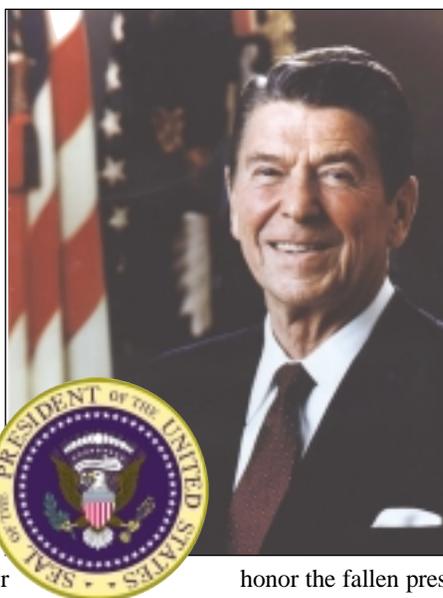
As a past commander in chief, Reagan is being afforded many military honors, according to officials from the U.S. Army's Military District of Washington. MDW is responsible for coordinating arrangements for the many events leading up to Reagan's official state funeral in Washington June 11.

Traditionally, the president directs the secretary of defense to oversee funeral arrangements. This responsibility is further delegated through the

secretary of the Army to the MDW commanding general.

In this role, the MDW commander, currently Army Maj. Gen. Galen B. Jackman, will escort Reagan's immediate family members during the formal events.

A military guard of honor will provide security for Reagan's remains during periods of lying in state, till 6 p.m. Pacific time June 8 at the Ronald Reagan



Presidential Library, in Simi Valley, Calif., and at the U.S. Capitol for 24 hours beginning 8:30 p.m. Eastern time June 9.

At every point in the journey, a joint-service honor guard performs an arrival or departure ceremony to

honor the fallen president.

After Reagan's remains are transported to the East Coast, they will be carried at least part of the way to the Capitol by a military caisson from the

3rd U.S. Infantry, the Army's ceremonial "Old Guard" headquartered at Fort Myer, Va. The caisson is a converted transport wagon for a 75 mm cannon drawn by six horses of the same color.

A riderless horse will follow the caisson. "A pair of boots are reversed in the stirrups of the empty saddle to symbolize that the warrior will never ride again," according to information on the MDW Web site.

A military band will play at each phase of the official funeral events, and a military honor guard will fire a traditional 21-gun salute at noon local time on U.S. military bases on the day of interment.

Also as part of honors owed to a previous president upon his death, all U.S. flags flown on government installations will be flown at half-staff for 30 days from the date of death.

EODMU-6 CPO recognized with leadership award

By Bart Jackson

Navy Charleston Shoreline

BMCS (EOD/SW) Todd D. Robinson, Explosive Ordnance Disposal (EOD) Mobile Unit Six was selected as this year's winner of the ADM Claude V. Ricketts Award for Inspirational leadership for the year of 2004.

The leadership award was established to honor Adm. Ricketts, whose distinguished naval career symbolizes the highest standards of excellence in both personal example and leadership. It has been presented annually to commissioned officers, warrant officers, and chiefs.

"This is a first for EODMU-6," says CDR Brett Reissener, Commanding Officer, EODMU-6, "This national award helps promote the positive contributions of EODMU-6 in addition to the services the U.S. Navy EOD community provides as a whole. Senior Chief Robinson has always been highly involved in all aspects of command performance. He cares about the standards and reputation we uphold and provides critical insight during all evolutions.

"Senior Chief Robinson possesses all the positive traits of an effective leader. The junior sailors respect him not only for his leadership skills but for his technical knowledge and abilities. A well-balanced individual, he

exhibits a genuine concern for his fellow shipmates and junior sailors" said Reissener

"I'm honored to be recognized with it. It's easy to be a good leader when you are surrounded by professionals" said Robinson.

Robinson, an eighteen year veteran of naval service, cites his parents, Donald and Violet and his grandparents as his primary influences growing up. Although it should be noted that his naval career was steered in the right course by BMCS (EOD/FPJ) Mark Varrato (retired).

"He taught me some very important things early in my career," said Robinson.

"Regardless of whether you serve for four years or 30 years, there are few things more noble than serving your country's military, especially during a time when so much is at stake (the war against terrorism). Set clear goals for yourself and work hard to attain them," says Robinson.

Reissener adds, "I have known Senior Chief Robinson for about 15 years. He epitomizes all that is good within our senior enlisted community and within our warfare specialty. If you're looking for a role model, mentor, or just someone to provide sage advice, Senior Chief Robinson is your man."



BMCS Todd Robinson initiates detonation of over 90,000 lbs of enemy ordnance (land mines, rocket propelled grenades, and demolition material) at a road outside Alkut, Iraq

Naval Weapons Station Charleston



Mission

To provide ordnance and waterfront management, quality of service and logistic support in a secure multi-service environment.

Commanding Officer

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Executive Officer

LCDR Wesley S. Smith

Business Manager

Rita Schmitt

Command Master Chief

CMDMC(SS) Tim Domrose

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Questions and comments can be directed to the editor. The Navy Charleston Shoreline can be reached at (843) 764-4094 or by fax at (843) 764-7307 or write the Navy Charleston Shoreline, 2316 Red Bank Road, Suite 100, Goose Creek, SC 29445. All news releases should be sent to this address.

Editorial Staff

Public Affairs Officer

Susan Piedfort

Deputy Public Affairs Officer

JOCS Scott Bassett

Leading Petty Officer/Editor

JO2 Christal A. Bailey

Reporter/Graphics and Design

Bart Jackson

PAO Staff

ET3 Jeanna Gibson

MM3 Mark Taylor

Publisher

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Captain's Log



By Captain Robert M. Zalaskus Commander, NWS Charleston

There is a saying that memory does the impossible for man, it holds together past and present, gives continuity and dignity to human life. I think that it is fitting therefore that our nation pauses during this time of the year to remember those whose sacrifice make possible the liberties we all enjoy today.

Members of the Naval Weapons Station, including our color guard and other volunteers, have had the honor of interacting with several groups over the last few weeks. On

Memorial Day weekend we joined Veterans of Foreign Wars and the American Legion in ceremonies to recognize the many who paid the ultimate price for our freedom.

Likewise, we recently gathered with members of USS Yorktown (CV 5) most of who were present at the Battle of Midway, for their 28th reunion at Patriots Point to share their memories.

Their first-hand stories of the battle that most historians believe turned the tide of World War II were incredible. I asked one of them if they were scared. He said "Of course we were nervous and afraid for our lives, but fear is faith in things going wrong. Our faith," he said, "was in God and we focused on survival." Their stories convince me that true character is revealed not in the twists of luck or adversity that come our way, but in how well we handle those twists.

With overwhelming odds against the US, they never lost faith in themselves. None of these brave veterans wanted to leave family and loved ones to face an uncertain fate—but 16 million of them did in World War II alone—and when an enemy gave us no choice, they fell back on their training, their instincts, and with faith in leadership, preserved freedom for another generation.

Today, the burden of preserving freedom has been passed to this generation. Here in Charleston, the community has conveyed many expressions of gratitude for those who have dedicated themselves to defense of the nation.

Sporting venues, the Clarion Hotel, businesses, and individuals have shown their appreciation for those who serve today. Here in Charleston, the Naval Weapons Station boasts a model of defense partnering that includes uniformed military, career federal civil service, and dedicated contractors working closely together. It is clear that the specific recognition of our armed forces honors the entire Charleston team.

The Charleston team continues its busy pace. As our training commands continue to graduate the next generation of operators and agents, our engineering commands push the envelope in developing products that enhance our warfighting readiness, our ordnance and logistics commands are moving forward supporting OIF II and OIF III requirements. Charleston remains a hub of support for the on-going global war on terror and our waterfront is a busy as ever.

NWS leadership recently met to review the progress of the Station strategic plan. Simply put, we have two big-picture objectives—make most efficient use of resources here in Charleston in support of national defense, and unite our many tenant commands in continued cooperation and mutual support. In support of these efforts, our master planning efforts are clearing the way for tenants to expand with their missions. Likewise, we are working one effort to enhance communications across the Station, recognizing that mission and crisis—man-made or natural, require we coordination and planning. Look for more use of WEPS-TV 2, our on-Station TV channel, as a source of information for breaking events that affect us all and we will continue using email and voice to keep all informed.

Reflective of the entire Navy, Naval Weapons Station is in a state of change. The job of Station leadership is to manage the size and frequency of change. Many large changes too closely spaced leads to turbulence. What we seek is the carefully paced implementation of important changes to support the transformation of the DoD. We will continue to keep you all informed with the most accurate and current information we have.

Congratulations to all graduates and selectees—high school, college, training programs, selection boards, etc., you are the next generation.

Lastly, as we enter the vacation season, time off and travel, please stay safe and alert.

The one place we all have to go, eventually

Story and photo by ET3 Jeanna Gibson, Navy Charleston Shoreline

Over thirteen thousand decals, more than 16,800 temporary passes, and more than 10,700 temporary badges; these are just a few of the numbers posted by the Pass & Badge Office for 2003.

Each day, the Pass & Badge Office serves more than 125 customers. They provide a large range of identification passes for every person who has business on Station. Everything from decals, both temporary and permanent badges, camera badges, Weapons Station passes for foreign nationals, media passes and many others require a stop through the office.

"We are the first line of entry control onto the station. Everyone at one time or another has to come through here to get on station and get to where they need to be," said Kathy Sorensen, Pass & Badge supervisor.

Since the move in March 2003 to the new location in building 302, many changes have made a trip to this office much smoother than what it was previously. Long waits, paperwork and only a few workers are now a thing of the past. Since the move, the office has gone to a nearly paperless system, added more stations and personnel to handle the high volume traffic through the office and has more than doubled the space they have to work in. "Everything is much easier now. People easily spent an hour or more waiting in line at the old office, and

now it may be 20 minutes at most," Sorensen said.

Though the procedures have become much more fluid, the occasional problem still arises because people often do not have all the information they need to obtain the correct pass.

"Most commonly, people forget to bring current vehicle registration and proof of insurance when they need to get vehicle passes. Without this information, we cannot issue the pass because it is a security issue," said Sorensen.

So before going to get new decals, passes or badges, be sure to have the correct information in hand. To obtain a vehicle pass, each person must have their driver's license, military I.D. card or civilian I.D. card, and current registration and proof of insurance for the appropriate vehicle. If you have a new vehicle, be sure to also bring the buyer's order/bill of sale or the rental agreement if using a rental car.

Following these simple rules can make any trip to the Pass & Badge office simple and quick. It will also allow the staff to continue to



Photo by ET3 Jeanna Gibson

Next in line, please!

Three civilian and two military members served over 47,000 customers in 2003. Bravo Zulu to Kathy Sorensen, Carla Vanlue, Jerome Moore, FC1 Christopher Baker and MA1 Johnny Golden for all their hard work.

do the excellent job they are doing now.

Next time you go to the Pass & Badge, keep in mind how many customers they service each day, six days a week, and let them all know how much every one of us on station appreciates the wonderful job they do.

Hours of operation for the office are: Monday through Friday, 6:30 a.m. to 6 p.m., and Saturday, 7 a.m. to 3 p.m.. For any questions, call 764-4231.

Change is underway at Navy Region Southeast

The Navy is changing the way it does business ashore. Think leaner, as the Navy is trimming excess costs wherever it can.

For installations within Commander, Navy Region Southeast (CNRSE), this means managing budgetary changes while providing adequate levels of service needed to Enable Warfighter Readiness at regional installations. Also, allocating the workforce needed to accomplish the required service levels is key.

The end goal is to create the most effective and efficient organization. "The CNO has outlined his plan for reshaping the Navy in his Seapower 21 vision, and CNRSE will be an integral part of supporting that vision as directed by CNO and Commander, Navy Installations (CNI)," said Rear Adm. Annette Brown, Commander, CNRSE.

Rear Adm. Christopher Weaver, Commander, CNI, recently said, "Anything more than you actually need to directly support mission output, to me, represents money tied up that could be used for something else - the recapitalization of the fleet, parts, improved services, and so forth...It's all about intelligent consumption."

Navy regions worldwide, including CNRSE, are currently prioritizing and shaping resources to best serve the customer - in this case, the Fleet.

"We're always looking for ways to do things better. If we're doing our jobs effectively and efficiently, we're eliminating redundancy, streamlining our business processes, and adopting a smarter, better way of conducting day to day operations," said Capt. Larry Cotton, CNRSE Chief of Staff.

According to CNI, the Navy's goal ashore is to operate more like a commercial business, with many factors influencing the decisions that need to be made regarding changes in services and how the CNRSE workforce of the future must be structured. Factors include cost of labor, cost of goods and services, and contracts, along with budget adjustments for the Navy's share of investing for future military readiness.

"In order to buy new ships, submarines, aircraft and weapons, the Navy must find ways to conduct business with a leaner budget, within the resources and budget targets needed to get the mission done," said Cotton.

Some changes throughout the Southeast region will be more visible, and other changes, such as within individual departments at the installation level, may not be as noticeable. A few changes have already occurred at local levels, while more will be announced soon and implemented as they are approved.

Included in Seapower 21 is Sea Enterprise, the CNO's

vision for resourcing tomorrow's Fleet.

"The goal of Sea Enterprise is to streamline current monies spent on salaries and infrastructure and reinvest them in the Fleet (ships and planes)," said CNRSE Executive Director, Galen Carver.

In cases where it is needed to restructure the workforce, some civilian employees will have changes in the workplace and in their scope of responsibilities. For others, it may mean that their job is no longer needed, resulting in reduction-in-force (RIF) actions.

Carver added, "We're still working out the details. Reduction-in-force actions are very hard decisions to make, considering we have very dedicated employees who have served the Navy well. We're already making plans to assist those who may be affected through the transition process."

Additionally, all military billets are being validated, and if they are not needed, they will be eliminated.

In operating like a commercial business, the aim is to ensure that processes are streamlined and nothing gets duplicated. The bottom line, the Navy and its people must get the most for their money.

"The CNRSE management team will not lose sight of the Southeast Region's mission and the possible impacts on our people while attaining our goals," Brown concluded.



Photo by: ET3 Jeanna Gibson

It's not messy...it's fun!

During the week of June 7-11, approximately 100 area children participated in the annual Vacation Bible School held at the Good Shepard Chapel. Children from age 3 to 4th grade were invited to attend the week-long event. Some activities include; indoor and outdoor games, arts and crafts, singing songs, and classroom time to discuss Bible verses. The activities ran from 9 a.m. to 12 p.m. all week long.



Photo by: Bart Jackson

America's military honored on James Island

Sailors from NWS Security, alongside area scouts participating in colors the ceremony during the Military appreciation Day ceremonies May 15 outside James Island's town hall.

Briefly Speaking

Credit union announces new hours

Effective July 12, Navy Federal Credit Union Charleston Member Service Center will change days and hours of operation. The new office hours will be Monday through Friday 9:30 a.m. to 6 p.m. and Saturday 9 a.m. to noon. The Member Service Center is located at 7800 Rivers Avenue Suite 1840 directly across from Northwoods Mall. For more information call 863-8772.

Navy Exchange offers after-hours shopping

For customers who cannot shop during the day, the Navy Exchange holds Customer Appreciation Night every Thursday from 5 to 9 p.m. with many unadvertised specials.

Don't mess with Charlie, Charlie won't mess with you

By NWS Charleston Natural Resources

Many people who live or work on Naval Weapons Station Charleston have heard stories about Charlie, the Station's huge captive alligator. Fortunately, most alligator complaints on Station involve reptiles much smaller than Charlie. These nuisance alligators are generally two to five feet in length and are too small to be a threat to people or pets.

"For many out-of-state people and even some folks from the deep South, an alligator is an alligator, and all are viewed as child attackers and dog eaters," said WPNSTA Natural Resources Manager Terrence Larimer, "but that is really not the case. Only the very largest alligators are dangerous to people or pets."

According to the S.C. Department of Natural Resources (DNR), of the more than 750 alligator complaints investigated each season by the DNR, more than half involve small alligators less than five feet in length. Alligators of this size feed on crawfish, aquatic insects, small snakes, frogs and turtles. The average body weight of alligators three feet in length is not quite four pounds. Four-foot alligators average about 11 pounds, while gators measuring five feet average only about 22 pounds. Children and dogs that exceed these body weights by a factor of several times are not in danger.

During the last 30 years, DNR biologists have conducted extensive research on alligators including one major project here on WPNSTA CHASN. Across the state several thousand gators have been live-captured, measured, weighed, marked and released. These efforts have provided valuable insight into their habitat requirements, reproduction, nesting success, movements, growth rates, and other aspects of alligator biology and natural history.

Alligators longer than nine feet are almost always males. A 10-foot alligator weighs about 270 pounds, and one 11 feet in length will tip the scales at 400 pounds. Twelve-foot alligators are rare, but these huge individuals will weigh about 475 to 525 pounds. The Station's own captive alligator, Charlie, is in this size range. Charlie resides in a fenced-in pond at the Remount Road entrance to the Station and is especially visible in the spring and fall soaking up the sunshine on the pond's bank.

Large, powerful alligators like Charlie are



superbly adapted to the Lowcountry with its extensive rivers, creeks and marshes. A child or a dog splashing in the shallows is seen as just another prey species of a size they can handle like raccoons, marsh rabbits or small deer. Big gators are the ones to watch out for. Although typically shy and inclined to avoid confrontations with people, large alligators can be unpredictable and dangerous.

"Common sense is essential," Larimer

advised. "People should not swim or allow pets to swim in ponds holding large alligators. Unsupervised children and dogs in these situations are an invitation to disaster, especially at dawn, dusk, and after dark when alligators are most active."

Alligators kill someone about every five to 10 years, usually in Florida. Victims are typically children swimming or wading without supervision in areas inhabited by large alligators. The attacking alligator is usually 11 or 12 feet in length. Often these tragic incidents involve an alligator habituat-

none of them fatal. More than half were provoked, so attempting to catch one is asking for trouble, not to mention illegal."

"Myths, nonsense and urban legends about alligators abounds," Larimer said. "Alligators do not overturn boats nor do they drag people out of them. They do not knock people into the air with their tails and then catch hapless victims in midair. Alligators cannot run as fast as horses, and they do not pursue people across yards and fairways. Warnings to run a zigzag pattern or in a tight circle to escape a charging alligator are ridiculous. Alligators do not chase people."

"However, alligators big or small are nothing to play with. They have about 80 sharp teeth and are quick to bite if cornered or threatened," Larimer said. With this in mind, the Station has a team of trained nuisance alligator handlers. These men are called on when an alligator goes somewhere they should not such as MenRiv Housing or along Red Bank Road.

"We only move alligators which are in danger or are posing a significant threat to people or pets," says team member CPO Scott DeYoung. "Not all calls from the OOD result in a gator being moved. Many times they are too small to be dangerous. And in other cases we've often found, that if just left alone, the gator moves on without any encouragement. We move the ones that need it and don't mess with the ones that don't."

Just because there is an alligator present does not necessarily mean that there is a problem. The size, location, and situation all affect the assessed threat level. Alligators are superbly adapted, unique animals which deserve the same respect that all of our native animals do. They have a role and a place in the balance of the natural world and with a little accommodation by humans we can co-exist with them," Larimer concluded.



The summertime blues?

No way!...The Blue Wave Aquatic Center is open for the summer. Matthew Hawkins executes a fine example of a swan dive on opening day, May 29. See page 9 for schedules and special events.

Photo by: Glenn M. Cox
MWR Publicity Specialist

New Wave Hours

Mon-Fri, 12:30-5:30 p.m.
Sat, Sun & Hol, 12 noon-7 p.m.
Military Lap Swim
Mon-Fri, 5:30-7:30 a.m.

Eastside Pool Hours

Mon, Wed, Fri, 12:30-6 p.m.
Tu & Th, 12:30-8 p.m.
Sat, Sun & Hol, 12-7 p.m.
Military Lap Swim
Mon-Fri, 11:30 a.m.-12:30 p.m.

FEES

Daily Entrance Fee: \$2 (\$1.50 for E-4 & below)
Single Season Pass: \$55 (\$45 for E-4 & below)
Family Season Pass: \$100 (\$90 for E-4 & below)



Leisure

Recreation News For Naval Weapons Station Charleston

Food, Fun and Fireworks Make for a Festive 4th



Freedom Fest at Marrington

Celebrate Independence Day at Marrington Plantation June 26 from 5 to 10 p.m. Watch exciting International Championship Wrestlers from 6 to 9 p.m. and fireworks starting at 9:30 p.m. Food tickets will be sold at the event and you can compete for prizes in the karaoke contest. There will be jousting tournaments, games for the kids, a DJ and lots of fun! Call Liberty at 764-7002 for more information.

July 4th celebration at Short Stay

This year, Short Stay will have its exciting 4th of July celebration on Saturday, July 3 and Sunday, July 4. Fireworks, a DJ and street dance are set for Saturday evening and a free movie is scheduled for Sunday. Equipment will be available in the office all weekend for basketball, horseshoes and volleyball. Other activities such as swimming, boating and fishing will make your 4th of July celebration complete! For more information, call Short Stay at 743-2366.

Come celebrate the 4th with MWR



Unless otherwise indicated, Liberty trips and events are open to all hands of WPNSTA Charleston and its tenant commands (active duty, civilian, and dependents, ages 18 and up). Sign up for these events at the Liberty office (building 206, NNPTC Circle). The Liberty office is open from 8 a.m. until 5:30 p.m., Monday through Friday. Call 764-7002 for more information or check us out on the MWR website at www.mwr.nwschs.navy.mil.

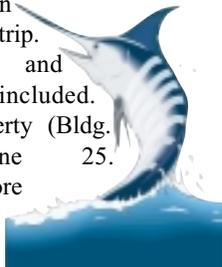
Six Flags and Atlanta Braves Trip, July 3-5,

7 a.m., Two trips for the price of one! See the Braves play the Boston Red Sox and then spend a day at the Six Flags over Georgia theme park for the Independence Day weekend. Sign up in the Liberty office (Building 206) by June 30. For more information call 764-7002.

Deep Sea Fishing, July 10, 5:45 a.m.,

Spend your summer day fishing for your supper with Liberty on our deep sea fishing trip. All equipment and supplies are included.

Sign up with Liberty (Bldg. 206) by June 25. Call 764-7002 for more information.



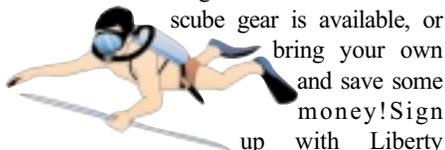
Pool Tournament, June 15 & July 6,

5:30 p.m. Stop by The Dive and compete for great prizes in our biweekly pool tournaments. The only charge is the cost of the game. Prizes include gift certificates to the NEX. For additional information call 764-7002. Open to all active duty.



Scuba Diving, July 11, 7:00 a.m.

Certified divers can take advantage of this opportunity to explore underwater subway cars in the "Car Barges" at Edisto 60. Rental scuba gear is available, or bring your own and save some money! Sign up with Liberty (Bldg. 206) by July 2. Call 764-7002 for more information.



(Bldg. 206) by July 2. Call 764-7002 for more information.



Looking for something to do?
Visit MWR on the web
www.mwr.nwschs.navy.mil



Join us for our summer reading program...It's fun!

Hey, kids! Sign up at the WPNSTA Library now through June 15 for our summer reading program. Our theme is "Cat in the Hat" for ages 5-12.

Participants must read 10 books and turn in their completed booklists by July 15. The first 50 participants who turn in their completed booklists may sign up for the "Cat in the Hat" party, which will be held Friday, July 23 from 1 to 3 p.m.

Join us for summer reading and fun! For more information, call the WPNSTA Library at 764-7900.

Volunteers needed at WPNSTA Library

Do you have some spare time to help out at "your" library? The WPNSTA Library needs volunteers! There are so many things that need to be done; they can't all be listed here. But come in and see for yourself.

July is National Ice Cream Month

The WPNSTA Library recognizes National Ice Cream Month in July. As a special promotional treat to celebrate the month, the library will give away coupons for a free Twist Cone. Hurry in and pick yours up while they last! This special offer is limited to children ages 3-14.

Back to school scavenger hunt

The WPNSTA Library will have a back to school scavenger hunt July 31 from 11 a.m. to 1 p.m. FIND A BOOK-WIN A PRIZE! Children ages 5-12 will be given a clue. When he or she finds the book, they will win a school supply. They are then given other clues

and continue hunting until the time is up. Happy Hunting!

Fax service available at WPNSTA Library

Do you have an important document to send? The library offers fax service Tuesday through Saturday. For \$1 for the first page and .50 cents for each additional page, you can fax locally. Or you can fax long distance for \$1.50 for the first page and .50 cents for each additional page. You may also receive local and long distance faxes for \$1 for the first page and .50 cents for each additional page. Fax service is available at the ITT office on Mondays when the library is closed.

For more information about the WPNSTA Library or any of its programs and services, call 764-7900.

Frame of Mine
June
Special

25% OFF

All In-stock framed prints

Call 764-4107
for more information

Take me out to the ball game with the Charleston RiverDogs



Come on out to the ball game and support the Charleston RiverDogs at the Joseph P. Riley, Jr. baseball stadium. The ITT office has ticket vouchers for \$2.50! The vouchers are good for any game, so mark your calendar to attend these upcoming home games:

- June 3-5--RiverDogs vs. Rome
- June 6-8--vs. Columbus
- June 12-14--vs. Columbus
- June 15-17--vs. Savannah
- June 25-27--vs. Greensboro

Stop by the ITT office for your RiverDogs vouchers today! For more information, call 764-7601..

Explore Busch Gardens Tampa

You do more than visit Busch Gardens at Tampa, Florida--you explore it. With over 30 attractions, five world-class coasters and 2,800 exotic mammals, birds and reptiles on nearly 335 acres, to describe it as "wild" would be an understatement. Take your family from the edge of Africa to the edge of their seat and discover jungles of fun and wonder. Special discounted tickets are available at the ITT office for \$42.80. This special is good through November 11.



There's no place like Seaworld Orlando

A day of awe and amazement...one day...one hundred stories. There's no place on Earth like Seaworld Orlando. Where else can you challenge thrill-a-second rides one minute and count teeth on a shark the next? Feed the dolphins, take in an incredible performance, and just try to stay dry when the

world famous Shamu comes a splashing. Seaworld Orlando--it just doesn't get any closer than this. Special discounted tickets are available at the ITT office. This special is good through November 11.

Paramount's Carowinds Amusement Park

Paramount's Carowinds is one of the most popular family entertainment attractions in the Carolinas. The 105-acre theme and water park straddles the North Carolina-South Carolina state line and is located just 15 minutes from uptown Charlotte, North Carolina and 12 miles north of Rock Hill, South Carolina. The park features more than 50 state-of-the-art rides, shows and movie-themed experiences for all ages. Tickets are available at the ITT office.

Check out the new additions at Six Flags Over Georgia

Six Flags Over Georgia is making significant additions to its family offerings in 2004, including five new rides that parents and kids can enjoy together. With the addition of new rides, a new show, and several other park attractions and amenities, Six Flags Over Georgia offers more for families to do than ever before. One-day and two-day tickets are available at the ITT office.



Whirlin' Waters is gallons of fun

Whirlin' Waters water park at Wannamaker County Park, N. Charleston is a water park adventure with gallons of fun for all ages. Come check out the many attractions like Otter Bay, the Lily Pad Lagoon, the Big Kahuna, Riptide Run, Tubular Twister, the Big Splash Tree House and the Rollin' River. Tickets are available at the ITT office.



Youth soccer registration to be held in July

Youth soccer registration will be held July 1-30 at the WPNSTA Youth Center. Boys and girls (ages 4-15) may register. The cost is \$40, which includes shorts and jersey. The season will run from mid-September through November. Call 764-7530 for more information.

Free youth soccer registration for volunteer coaches!

The MWR Athletic office is seeking volunteer coaches for the upcoming youth soccer season. Any volunteer wishing to apply as a head coach of a youth soccer team will be entitled to one free youth soccer registration for their child! Coaches must attend a National Youth Sports Coaches Association (NYSCA) coaches certification class prior to the season. Registration for youth soccer is July 1-30. If you have any questions, please call the Athletic office at 764-7530.

PAYS certification required for youth soccer registration

In order to register your child for youth soccer, parents must attend a mandatory Parents Association for Youth Sports (PAYS) certification class. PAYS certification classes are scheduled for July 21 and 28 at 5:30 p.m. at Cinema One Theater. You can also take the PAYS certification class online by going to the PAYS website at www.nays.org. and clicking on the PAYS logo and looking for the On-line program link. From the On-line program home page, select "SC-Naval Weapons Station", type the code 1115, then click Next. There is a \$6 fee for taking the PAYS certification class online. The fee can be charged to your credit card. The \$6 fee will be credited to your child's youth soccer registration fee. For more information, call 764-7530.

Registration deadline announced for intramural 3 on 3 basketball

Registration for intramural 3 on 3 basketball is being held through June 25 at the athletics office, building 725, MenRiv Plaza. Play will begin July 12. To register or for more information, call the athletics office at 764-7530.

Step aerobic classes offered at Group Exercise Room

Step aerobic classes are currently being held at the Group Exercise Room in Building 725, MenRiv Plaza. Classes are held Tuesday and Thursday from 4:30 to 5:30 p.m. This is an effective workout using every major muscle group stepping on and off of the step, using a variety of combinations and patterns for optimum calorie burning complete with toning exercises to give you a total body workout. The classes are free for active duty military and \$2 per class for all other eligible patrons. All classes are co-ed and pre-registration is not required. For more information, call 764-4173.

Cardio-Kickboxing classes offered at Group Exercise Room

Get fit with Cardio-Kickboxing at the Group Exercise Room in Building 725, MenRiv Plaza! Cardio-Kickboxing is an explosive fitness training combining martial arts and aerobic conditioning techniques that will shape, tone and strengthen all major muscle groups. We'll teach you moves that will "knock you out." Classes are held

every Monday and Wednesday from 5:30 to 6:30 p.m. A Wednesday morning class is also held from 8:30 to 9:30 a.m. The classes are free for active duty military and \$2 per class for all other eligible patrons. For more information, call Sam's Gym at 764-4173.

Spinning/Cycling classes offered at Group Exercise Room

Get ready for a 40-minute cycling journey on a stationary bike at the Group Exercise Room in Building 725, MenRiv Plaza. Spinning welcomes all levels of fitness. From the beginner to the skilled athlete, you will be challenged physically and mentally. Evening classes are held every Monday and Wednesday from 6:30 to 7:15 p.m. Morning classes are held every Tuesday and Thursday from 8:30 to 9:15 a.m. Challenge yourself to a ride! The classes are free for active duty military and \$2 per class for all other eligible patrons. For more information, call Sam's Gym at 764-4173.

Power yoga classes offered at Group Exercise Room

Experience power yoga as you move through a non-stop flow routine that will focus on exercising the mind-body-breath connection, increasing strength, balance and agility. The classes are held every Monday and Wednesday from 11:30 a.m. to 12:30 p.m. at the Group Exercise Room in Building 725, MenRiv Plaza. The classes are free for active duty military and \$2 per class for all other eligible patrons. For more information, call 764-4173.

Max kickboxing class offered at Group Exercise Room

A Max kickboxing class is currently being offered in the Group Exercise Room in Building 725, MenRiv Plaza. Max kickboxing is an extended kickboxing class, rounded off with total body sculpting. The class is held every Friday from 5:30 to 7:00 p.m. The class is free for active duty military and \$2 per class for all other eligible patrons. For more information, call 764-4173.

Father's Day massage special offered

Your dad works hard! Doesn't he deserve to relax...I mean, really relax? Here's a unique gift for Father's Day that will help your dad relax on his special day. Licensed massage therapist, Althea Donahue, is offering a Father's Day massage special throughout the month of June. Schedule a massage for your father and add five extra massage minutes to a 30-minute massage and the extra minutes will be free. Schedule a 60-minute massage and he will receive 15 extra minutes for free. Or schedule a 90-minute massage for your father and he will receive 20 extra free minutes. Just call 324-4887 to schedule a massage for your father. And hey, fathers, if you don't receive a massage as your Father's Day gift, you can still take advantage of the special by calling to schedule an appointment for yourself! Massage will help:

- Increase Energy
- Decrease Stress, Muscle Tension, Headaches
- Improve Physical, Mental, Emotional & Spiritual Well-being

Sessions are by appointment only. For an appointment or more information, call Althea at 324-4887.



Ryder Cup golf tournament scheduled at Redbank Plantation Golf Course

The Redbank Plantation Golf Association will have a Ryder Cup golf tournament on Saturday, June 19 at Redbank Plantation Golf Course. This tournament will consist of two man teams (make your own team) and play will be as follows: holes 1-6 will be played alternate shot, no handicap; holes 7-12 will be played best ball of two with handicap, maximum handicap allowed; and holes 13-18 will be Captain's Choice, no handicap. Prizes will be awarded according to participation. A pre-tournament gala will be held at the clubhouse Friday, June 18 at 7 p.m. and the association will provide snacks. The cost of the tournament is \$15 per person plus cart and greens fee. Please note that all golfers are welcome to participate in the association tournaments.

Sign up for this tournament at Redbank Plantation Golf Course or call 764-7802 for more information.

Golf course privileges for kids

Hey, kids! Come on out to Kids' Day every Tuesday at Redbank Plantation Golf Course. Kids' Day is open to all children under the age of 21. Kids under the age of eight must be accompanied by an adult to be able to play under the special.

The greens fee cost is only \$3 to play all day (cart not included). This special will run every Tuesday and will continue until August 31. The driving range will have reduced rates for kids. They can hit balls on the range for only \$1. Tokens will be sold one at a time.

Kids' Day at Redbank Plantation Golf Course is a great way for your children to meet other children who are interested in playing golf. For more information, please call Redbank Plantation Golf Course at 764-7802.



Happenings at the Outdoor Adventure Center

Marrington Mountain Bike Ride, Wednesdays, June 16 & June 30, 5:30 to 7 p.m. Join the Madness! Weekdays after work, join our guide for a mountain bike ride on one of the local trails at Marrington Plantation. If you need a bike, we will give you one to try out for the evening. Or bring your own ride! We will meet at the Outdoor Adventure Center at 5:30 p.m. and ride out from there by 5:45 p.m. Participant limit: nine. Pre-trip: none. Required gear: mountain bike (provided for \$5 if needed) and helmet. Exertion level: moderate. Prerequisites: none. The signup deadline for the June 16 ride is June 15 and the signup deadline for the June 30 ride is June 29.

Learn to Rappel, Thursday, June 17, 5 to 8 p.m. Rappelling is an essential skill of climbing. You have to know how to get down before you go up. Learn about equipment, knots and technique in this course where you will get an experience in the basic skills of rappelling. Participants under the age of 12 are not permitted to rappel. Ages 12-16 may rappel with a backup belayer only. Participants under the age of 12 are welcomed to learn knots and climbing technique. "On Rappel, Rappel On!" The fee is \$12 per person. Participant limit: 5. Provided gear: harness, ropes, hardware and helmet. Suggested gear: shoes, chalk bags (available for rent at the Outdoor Adventure Center). Exertion level: moderate. The signup deadline is June 15.

Learn to Climb, Wednesday, June 23, 5 to 8 p.m. Hands-on learning includes climbing techniques, belaying, knot tying and rope handling skills. We guarantee you will be able to pass our belay test after the course, or you will be invited back to the next class free of charge! Participants under the age of 15 are not permitted to belay. Ages 16-17 may belay with a backup belayer only. Participants under the age of 15 are welcome to learn knots and climbing technique. "On belay, Climb on!" The fee is \$12, which includes a one-day free climbing pass to use at your discretion after the course! Participant limit: eight. Provided gear: harness, ropes, hardware and helmet. Suggested gear: shoes, chalk ball, chalk bags (available for rent at the Outdoor Adventure Center). Exertion level: moderate. The signup deadline is June 22.

Fundamentals of Kayaking Course, Saturday, June 26, 8:30 a.m. to 5:30 p.m.

This American Canoe Association (ACA) course is for those who have never paddled sea kayaks before or those who want to refine their knowledge of equipment, proper stroke technique, rescues, basic navigation and possible hazards encountered by a sea kayaker. With a healthy respect for the water and additional practice of what is taught during this one-day course, the first time paddler will be prepared for many years of safe sea kayaking! The course is taught by an ACA certified instructor. The cost is \$49 per person. Participant limit: eight. Pre-trip: none. Provided gear: kayak, paddle and personal floatation device. Exertion level: mild/moderate. Prerequisites: none. Sign up by June 23.

Canoe the Edisto, Saturday, July 10, 8:00 a.m. to 6 p.m. Come explore the longest free-flowing "blackwater" river in the world! The Edisto is home to some of the most beautiful scenery South Carolina has to offer. Wildlife along the Edisto River is abundant. While on the water, you're almost certain to encounter river mammals such as otter, mink and beaver. Turtles are often seen perched on logs. Bird species include king fishers, several colorful species of warbler, woodpecker, egrets and herons. This all day trip is great fun for you and your friends or the entire family! This trip is limited to 16 participants and the cost is \$29 per person, which includes lunch! Canoe, personal floatation device and paddles will be provided. It is recommended that you provide your own hat, sunscreen, sunglasses and footwear you can get wet. It is also suggested that you bring drinking water, a disposable camera (available for purchase at the Outdoor Adventure Center), and a canoe chair or boat cushion. Exertion level: mild/strenuous* (*depends upon river level—some portaging may be necessary). Sign up by July 7.

Sign up for any of these outdoor recreational opportunities at the Outdoor Adventure Center. The Outdoor Adventure Center is conveniently located on Fletcher Street in Building 1700, across from Cap'n Robert's Dive. Hours of operation are: Monday-Friday, 11 a.m. to 7 p.m.; Saturday, 8 a.m. to 4 p.m.; and Sunday, 1 p.m. to 4 p.m. Stop by the Outdoor Adventure Center today or call 764-2122 for more information.

Information & Referral (I&R)

Did you know? Are you moving here or to a new area?. Do you know where to get the information about a new location? Need information about children activities? Want to volunteer? Are you going overseas? Do you have pets? Do you know about MWR programs? Where FFSC is located? Give us a call at 764-7294. If we don't know, we will research for the answer!

Counseling Services

Need to talk to someone in confidence? School stressing you out or your family? Want to feel better about your goals? Just call and make an appointment for our FREE counseling! We have trained counselors to help you through this time. You can make an individual appointment or with your spouse. We visit some commands during the day to talk. If you are an active duty or retiree, spouse of an active duty, retiree, widow, widower or POW family member survivor, you qualify for our FREE and confidential services. Call 764-7294 for an appointment.

Do you know your Command Family Ombudsman?

Ombudsmen are your command family information and referral people. A command family ombudsman is there to answer questions or refer you to the correct resources. Each command has an ombudsman. If you have questions such as: special needs of family member, moving, childcare, or about activities within your spouse's command, call your command ombudsman or Tommie Provost, 764-7294, ext. 48 to find the name of your ombudsman.

WORKSHOP	DATE	TIME
Anger Management	June 17	1:30-4 pm
Advanced Resume	June 16	1:30 pm
Baby Basics	June 15	9-12 pm
Infant Massage	June 17	10-11 am
Pre-separation Counseling	Monthly	
Playmornings	Every Wed.	9-11:30 am
Spouse Orientation	Every Tuesday	10 am
Stress Management	June 15	1-4 pm
Volunteer Opportunities	Monday-Friday	8-4 pm

**** Please note: The Teen Jive program is on summer vacation. Call the FFSC in August for future dates. ****

Can't find what you're looking for here?
Visit The Fleet and Family Support Center on the Web at www.nwschs.navy.mil
Meeting your needs.
At home. At sea.



Photo by: Glenn M. Cox, MWR Publicity Specialist

Hip Hop exercise classes are currently being offered at the Group Exercise Room in Building 725, MenRiv Plaza. The one-hour classes are held every Thursday from 5:30 to 6:30 p.m. and include funky music video-type routines performed by today's top music and dance artists. You'll learn hip hop moves while getting a great workout! The classes are for adults and children (ages 12 and up) and the cost is \$25 per month. Sign up at Sam's Gym Fitness Center or call 764-4173 for more information.



Family & Housing News

PPV UPDATE!

Housing Department has received updated information regarding the Public Private Venture (PPV) initiative. Naval Weapons Station Charleston will transition to PPV January 2006 vice October 2005.

The Housing Department will continue to provide information as we transition to PPV.

Questions and comments may be directed to Mrs. Linda Miller (Housing Director), or Mr. John Forsythe (Facilities Manager) at 764-7218. For more information on the Navy's Public/Private Venture Program, visit www.housing.navy.mil or www.acq.osd.mil/housing.

BACHELOR HOUSING RENOVATION

As the renovation work continues, the plan is to have all Mahan units completed by September 1, 2004. Personnel will be contacted regarding room shifts and provided sufficient time to relocate. We apologize for any inconvenience. Please feel free to contact the Bachelor Housing staff for assistance.

VACATING BACHELOR HOUSING

The OPNAVINST 11103.1B requires that all military personnel E-4 and below reside in Bachelor Housing; however, individuals may request to vacate Bachelor Housing to reside in the civilian community when the occupancy rate exceeds 90 percent.

Personnel are required to submit a Special Request/Authorization (NAVPERS 1336/3 (Rev. 5-96) form. Please contact the Front Desk at 764-7646 to confirm occupancy rate exceeds 90 percent prior to submitting your request.

SAFETY AND SECURITY

All residents are encouraged to report any trouble calls to the Front Desk so deficiencies can be repaired promptly. Safety and security are an all hands effort. All residents are requested to report the outage of any streetlights, parking on the grass, or abandoned vehicles to the Bachelor Housing Office.

CLOSURE OF SELF-HELP STORE

The Commander, Navy Installations has issued guidance to eliminate all CONUS Family Housing Self-Help Programs by October 1, 2004. All Self-Help positions and assets are to be eliminated.

As of May 7, 2004, WPNSTA Charleston Housing Department was no longer authorized to purchase any self-help material or equipment. The last day to check-out self-help returnable items is September 25, 2004. No extensions will be authorized beyond this date. Also, as the inventory decreases, there will be many items unavailable to our customers. Replacement of items such as stove

drip pans, appliance bulbs, air conditioning filters, and grounds maintenance are resident responsibilities.

If you have questions regarding this issue, please feel free to contact Mr. Ray Henry, Self-Help Store Manager, at 764-7870.

SHRUB AND TREE PRUNING

Residents are reminded that you are responsible for the pruning of landscape shrubs that may be located in yard areas of your quarters. Such pruning should be accomplished to eliminate growth against the quarters and to a maximum height of four feet, if possible. Shrub height should not extend beyond the bottom of window frames. Excess growth should be removed to provide a pleasing appearance.

Pruning trees by residents is limited to low hanging branches or limbs coming in contact with the quarters that are within a safe reaching distance. When weekly area inspections are conducted, Housing Management Assistants will be addressing shrubs and trees that can and should be maintained by residents. Quarters Discrepancy Notices will be issued, as necessary. Cooperation by all our residents is solicited and appreciated.

YARD DEBRIS

Residents are reminded that yard debris, such as grass clippings, leaves and pine straw, should be placed in appropriate trash

bags, secured and located curbside for pickup on designated days. Yard debris should never be placed in the garbage container.

PET OWNER RESPONSIBILITIES

Residents who own pets, dogs in particular, are reminded of their responsibilities in order to retain their pet privileges within the Family Housing Community. As stated in the Housing Manual, dogs will not be permitted to run loose and must be kept under direct physical control at all times within a fenced yard or on a leash. Dogs, when chained outdoors, must be located to the rear of the quarters. Owners must assure that pets have an adequate supply of water and are able to reach the water. Attaching the pet to equipment such as air conditioning units, gas regulators and clothesline poles is prohibited. Pet owners are required to maintain sanitary conditions not only at their residences, but also while walking their pets.

The housing of pets within screened porches is not permitted. The responsibility for repairing damages to screen porch wood, screening and doors resulting from this practice will be borne by the pet owner. In addition, discrepancy notices will be issued by Housing personnel that could result in the loss of pet privileges or, even worse, housing privileges.

Military Retirees & Spouses Annual Appreciation Day and Information Fair

Saturday, June 26, 2004, 8:30 a.m.
At the Charleston Air Force Base
Charleston Club

Update on Tricare for Life
Base Realignment and Closure
Health and Wellness Screening
Legal Aid
Delta Dental Program
AAFES
ID Card Renewal
Auto Sticker Renewal
Air Force Retiree Council

Tour of Flight Line
C-17 Static Display
Bradley Fighting Vehicle
Widow/Widower Benefits
Commissary
Pharmacy/ Med Clinic
Coffee and Snacks
Luncheon at Dining Facility
And Much More

Flag ceremony by the Washington Light Infantry and the Sumter Guard
Co-Sponsored by Naval Weapons Station Charleston and 437th Airlift Wing



Customer Service Partners with Patient Safety

By Roberta Neighbors

Public Relations Naval Hospital Charleston

Outstanding customer service is what our beneficiaries see day in and day out. As a customer of Naval Hospital Charleston (NHC) you may not be aware of what goes on behind the scenes to ensure you have the best possible healthcare experience. The reason for our success is that patient safety is held to the highest standards.

There are noticeable changes at the hospital Pharmacy entrance. Recently the drop off lane was reopened so patients with limitations have easier access to the Pharmacy entrance. When security was heightened, the entrance had to be blocked, which caused a hardship for some patients. Fortunately, the "Courtesy Cart" was able to trans-

port patients to and from their cars in the parking lot. Hopefully, the drive will be kept open, but if not, the Courtesy Cart remains available. If any patients need assistance, security guards at the front gate will gladly assist with getting the cart to pick you up at your car and provide valet service to the hospital front door.

The Joint Commission on Accreditation for Healthcare Organizations introduced new Patient Safety Standards in 2002. One of the safety procedures that may be noticed is the use of two mechanisms for patient identification when visiting a clinic or surgical unit. This may include checking any combination of identification cards, asking names, birth date and social security numbers. This has been implemented to ensure that correct information gets in the correct record and the right treatment is provided to the right patient.

The hospital staff also wants to be sure that patients get the correct medications as quickly as possible. At the window, customers will be asked why they are taking this medication to insure sufficient knowledge of the use and objective of the medication. This process is a pharmacy standard designed for

your safety.

Finally the pharmacy will be installing a new barcode system for medications next month. Each prescription label and pharmacy medication container will have a bar code that must be scanned and match before the medication can be dispensed. By bar-coding medication containers, stock bottles and prescription labels, there will be a significant decrease in the potential for dispensing the wrong medication. This two week process will begin in mid-July and may cause delays at the pharmacy, but the pharmacy staff are committed to continuous improvement for all customers.

The TRICARE Online website address is:

www.tricareonline.com.

Information and assistance regarding TRICARE Online is available by calling the TRICARE Information Center at 866-363-3932 or visiting one of the computer stations at the Naval Hospital Charleston or NWS Branch Medical Clinic.

